

#### The Ohio School Psychologists Association

"Putting Pieces Together For Ohio Students"

#### Implementing School-wide Positive Behavioral Interventions and Supports (PBIS)

Tier I

Rob Horner, Ph.D. University of Oregon www.pbis.org

#### Goals

School-wide PBIS: Why, What, How

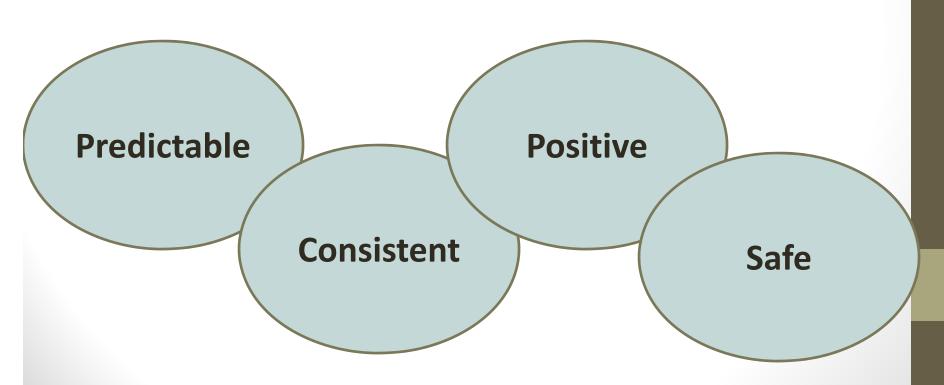
Define the rationale for implementation of PBIS

Define the core features of PBIS

Define the process for implementing PBIS

# Why SWPBIS?

 The fundamental purpose of SWPBIS is to make schools more effective and equitable learning environments.



# Six Basic Recommendations for Implementing PBIS

- Never stop doing what already works
- Always look for the smallest change that will produce the largest effect
  - Avoid defining a large number of goals
  - Do a small number of things well
- Do not add something new without also defining what you will stop doing to make the addition possible.

# Six Basic Recommendations for Implementing PBIS

- Collect and use data for decision-making
- Focus on "core features" and adapt the strategies/practices used to achieve those features so they "fit" your school community, culture, context.
  - Families
  - Students
  - Faculty
  - Fiscal-political structure
- Establish **policy clarity** before investing in implementation: Readiness counts.
  - Administrative support
  - 80% of faculty
  - Three year commitment
  - Social behavior is part of mission

#### Michigan State Board of Education Positive Behavior Support Policy

The vision of the State Board of Education is to create learning environments that prepare students to be successful citizens in the 21st century. The educational community must provide a system that will support students' efforts to manage their own behavior and assure academic achievement. An effective behavior support system is a proactive, positive, skill-building approach for the teaching and learning of successful student behavior. Positive behavior support systems ensure effective strategies that promote pro-social behavior and respectful learning environments. Research-based positive behavior support systems are appropriate for all students, regardless of age. The principles of Universal Education reflect the beliefs that each person deserves and needs a positive, concerned, accepting educational community that values diversity and provides a comprehensive system of individual supports from birth to adulthood. A positive behavior support policy incorporates the demonstration and teaching of positive, proactive social behaviors throughout the school environment. A positive behavior support system is a data-based effort that concentrates on adjusting the system that supports the student. Such a system is implemented by collaborative, school-based teams using person-centered planning. School-wide expectations for behavior are clearly stated, widely promoted, and frequently referenced. Both individual and school-wide learning and behavior problems are assessed comprehensively. Functional assessment of learning and behavior challenges is linked to an intervention that focuses on skill building. The effectiveness of the selected intervention is evaluated and reviewed, leading to data-based

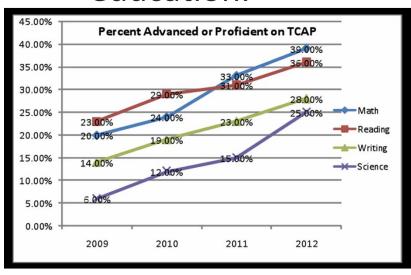
strengths of the student lead to an improved learning environment. Students are offered a each school district in Michigan implement a system of school district in Michigan implement a system of school wide positive behavior support strategies.

behavior support strategies.

# Main Messages

PBIS is a foundation for the next generation of

education.



Effective (academic, behavior)
Equitable (all students succeed)
Efficient (time, cost)





# What is School-wide Positive Behavior Intervention and Support (PBIS)?

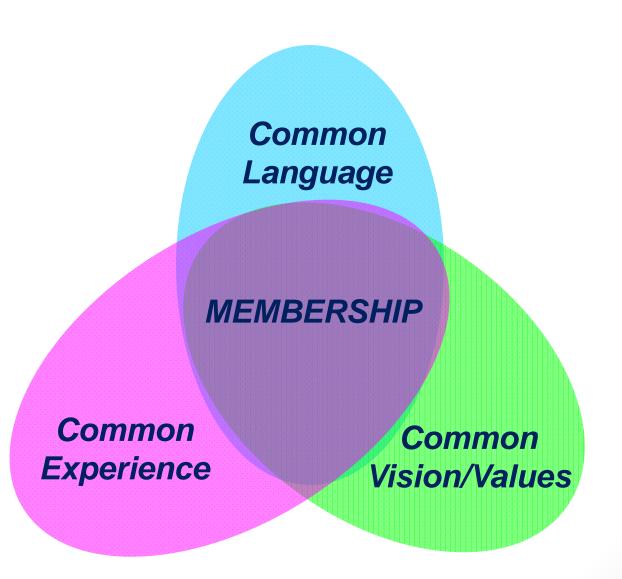
#### School-wide PBIS is:

 A multi-tiered framework for establishing the social culture and behavioral supports needed for a school to achieve behavioral and academic outcomes for all students.

#### Evidence-based features of SWPBIS

- Prevention
- Define and teach positive social expectations
- Acknowledge positive behavior
- Arrange consistent consequences for problem behavior
- On-going collection and use of data for decision-making
- Continuum of intensive, individual intervention supports.
- Implementation of the systems that support effective practices

#### Establishing a Social Culture



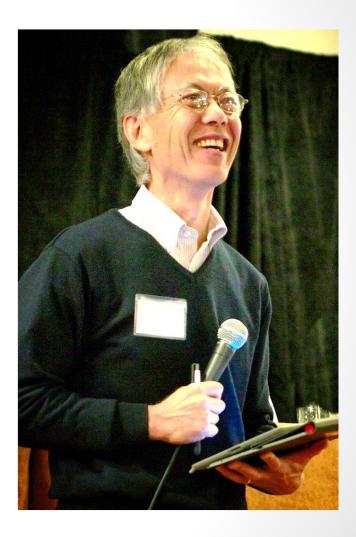
# School-wide Positive Behavioral Interventions and Supports (SWPBIS)

The social culture of a school matters.

 A continuum of supports that begins with the whole school and extends to intensive, wraparound support for individual students and their families.

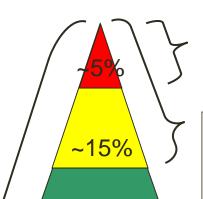
 Effective practices with the systems needed for high fidelity and sustainability

Multiple tiers of intensity



SCHOOL-WIDE POSITIVE BEHAVIOR SUPPORT

Primary Prevention: School-/Classroom-Wide Systems for All Students, Staff, & Settings



Tertiary Prevention:
Specialized
Individualized
Systems for Students
with High-Risk Behavior

Secondary Prevention: Specialized Group Systems for Students with At-Risk Behavior

#### **Main Ideas:**

- 1. Invest in prevention first
- 2. Multiple tiers of support intensity
- 3. Early/rapid access to support

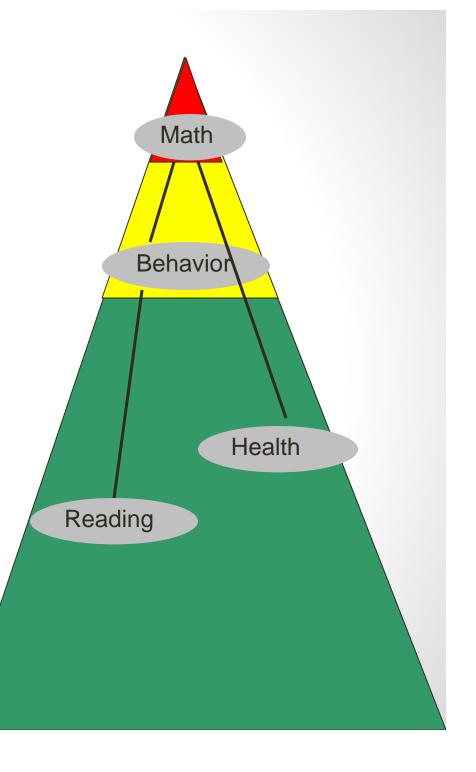




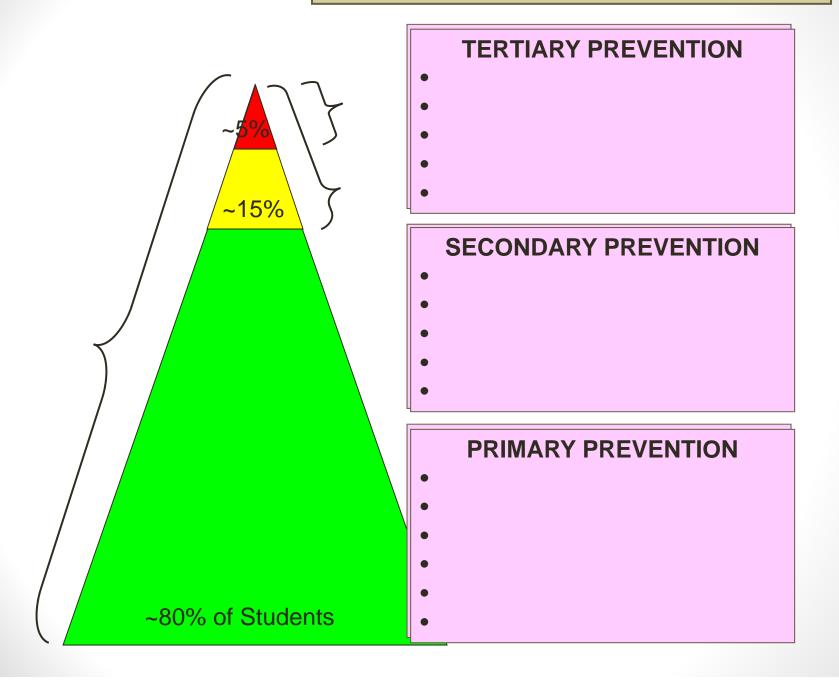
Remember that the multiple tiers of support refer to our **SUPPORT** not Students.

Avoid creating a new disability labeling system.

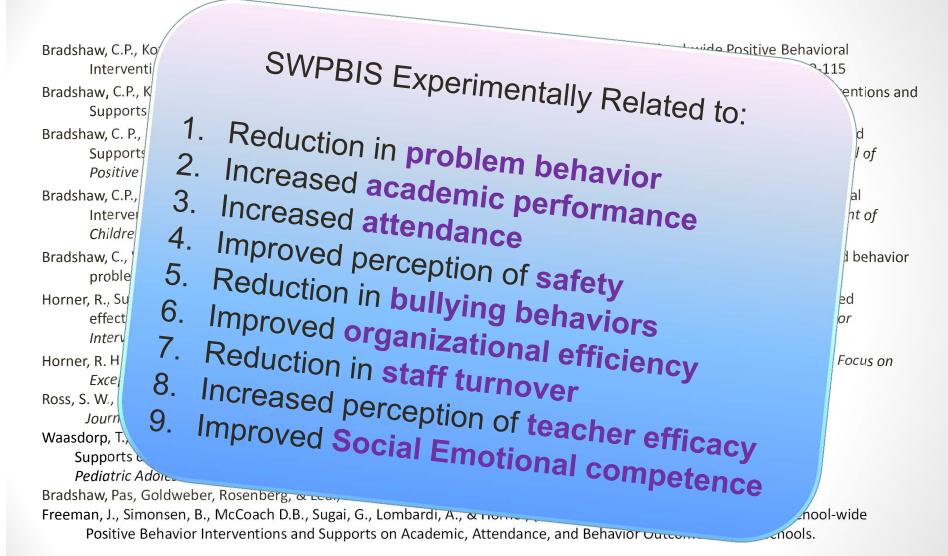




#### **ESTABLISHING CONTINUUM of SWPBS**



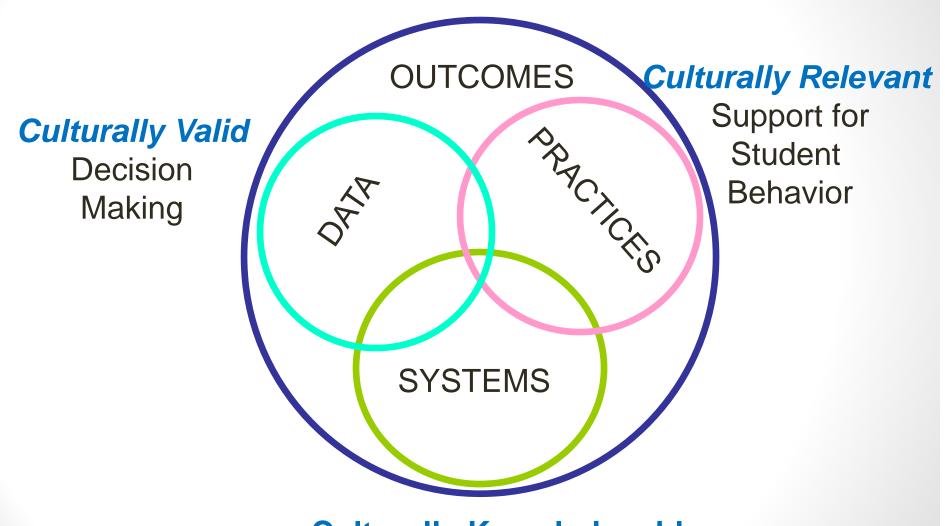
### Experimental Research on SWPBIS





School-wide PBIS

# Culturally Equitable Academic & Social Competence



Culturally Knowledgeable
Staff Behavior

#### Outcomes

School-wide behavior expectation

Class-wide Behavior expectations and routines

Academic Success

Social Emotional Competence

#### Practices

School-wide Instruction on Expectations

Class-wide Instruction on Routines

Active Supervision

Effective Recognition

Corrective Consequences

Functionbased Support

#### Systems

Team-based

Supportive Leadership

Selection, Training, Coaching

Multi-tiered Support

Policies and funding

#### Data

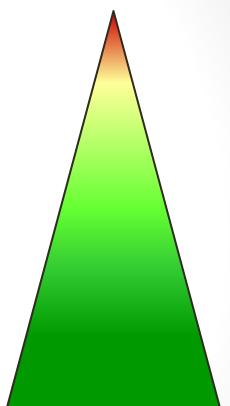
Universal Screening

Progress Monitoring

Implementation Fidelity

# Lesson: Importance of Efficiency

- Focus on "efficiency" of practices
  - Time
  - Money
  - Expertise of personnel
  - Match with existing organizations/ systems.
- 1. Efficiency for adoption
- 2. Efficiency for sustained performance



#### NOTE:

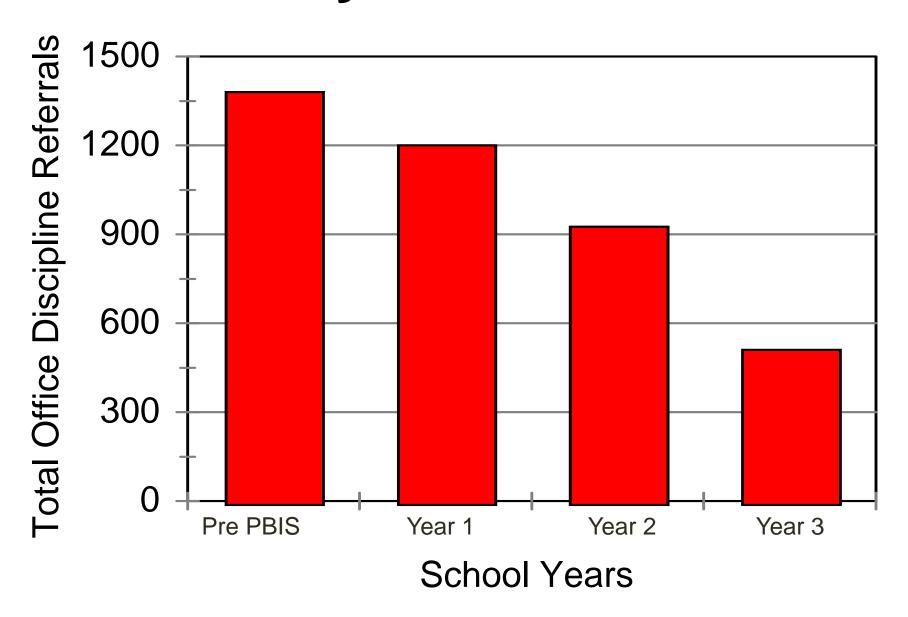
Differences in Efficiency across Multiple
Tiers of Support

### Time / Cost of a Discipline Referral

(Avg. 45 minutes per incident for student 30 min for Admin 15 min for Teacher)

	1000 Referrals/yr	2000 Referrals/yr
Administrator Time	500 Hours	1000 Hours
Teacher Time	250 Hours	500 Hours
Student Time	750 Hours	1500 Hours
Totals	1500 Hours	3000 Hours

## Kennedy Middle School



# What does a <u>reduction</u> of 850 office referrals and 25 suspensions mean? Kennedy Middle School

- Savings in Administrative time
- ODR = 15 min
- Suspension = 45 min
- 13,875 minutes
- 231 hours

- Savings in Student Instructional time
- ODR = 45 min
- Suspension = 216 min
- 43,650 minutes
- 728 hours

29, 8-hour days

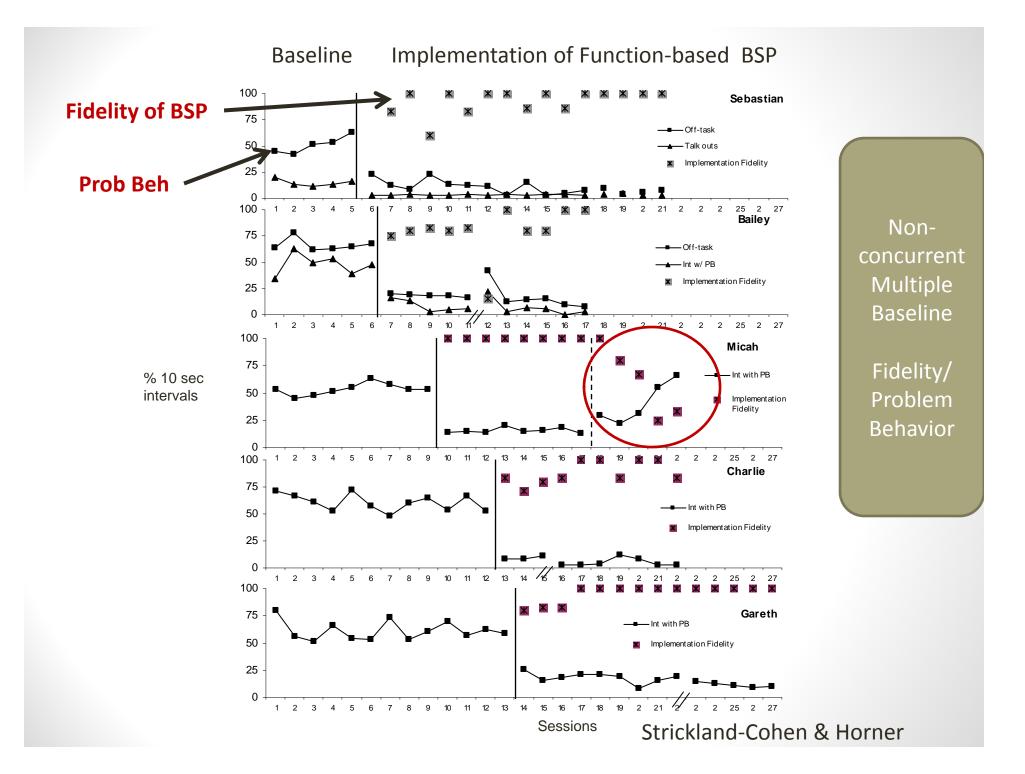
121, 6-hour school days

The Efficacy of Training School Personnel to Build Behavioral Interventions from Functional Behavioral Assessment Information

Kathleen Strickland-Cohen Robert H. Horner Loman, S., Horner, R. H. (2014). Examining the efficacy of a basic functional behavioral assessment training package for school personnel. *Journal of Positive Behavior Interventions*. 16 (1) 18-30.

In press, Journal of Positive Behavior Interventions

Participant	Pre Test	Post Test	Percent Change
1	63% (A)	96% (B)	+33%
2	67% (A)	84% (B)	+17%
3	69% (A)	94% (B)	+25%
4	65% (A)	86% (B)	+21%
5	60% (A)	88% (B)	+28%
6	63% (A)	90% (B)	+27%
7	43% (A)	82% (B)	+39%
8	61% (B)	92% (A)	+31%
9	63% (B)	82% (A)	+19%
10	45% (B)	80% (A)	+35%
11	67% (B)	90% (A)	+23%
12	61% (B)	86% (A)	+25%
13	80% (B)	94% (A)	+14%
Mean	62%	88%)	+26%



#### Current Research

- School-wide PBIS is "evidence-based"
  - Reduction in problem behavior
  - Increases in academic outcomes
    - Horner et al., 2009
    - Bradshaw et al., 2006; in press



- Amanda Sanford, 2006
- Jorge Preciado, 2006
- Kent McIntosh



- Ross, Endrulat & Horner, in press
- Sustaining School-wide PBIS efforts
  - Jennifer Doolittle, 2006

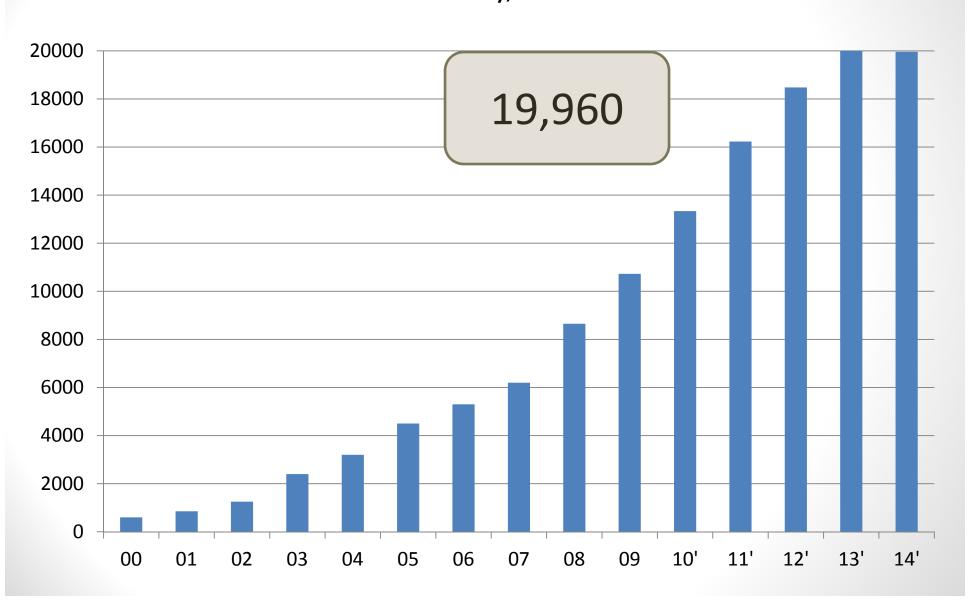




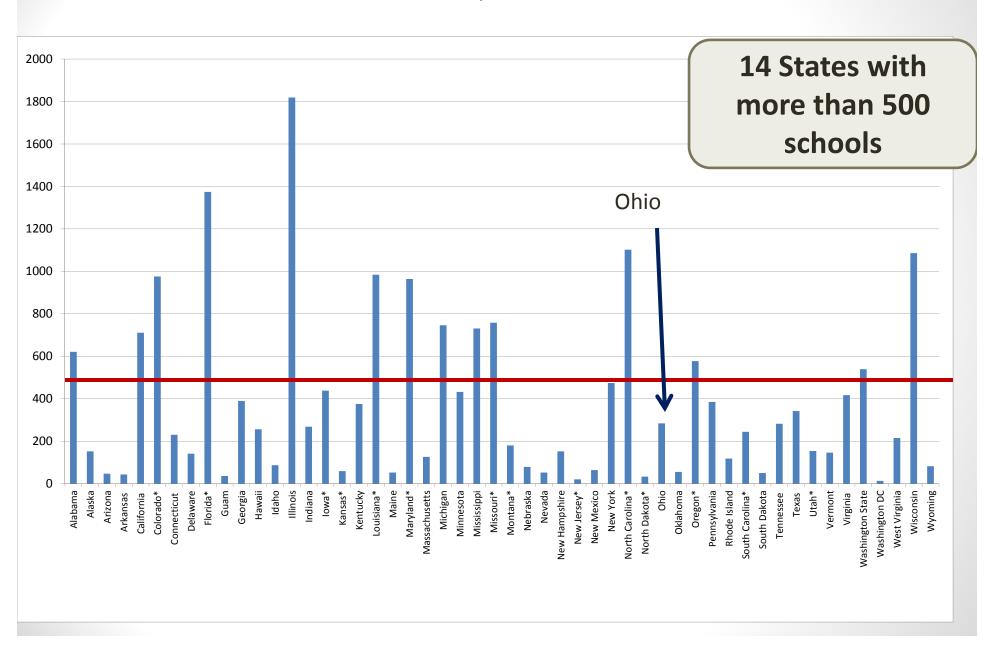




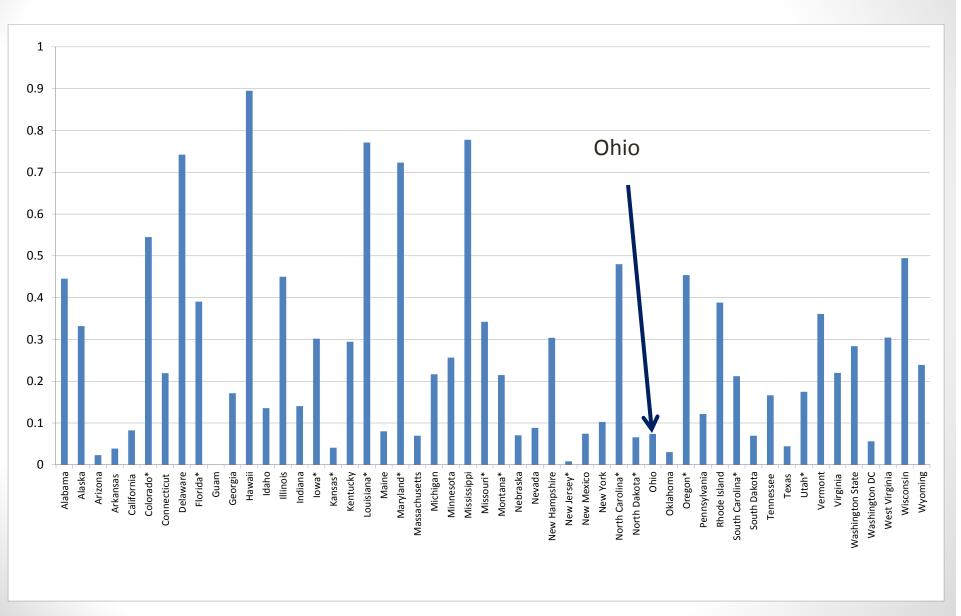
# Number of Schools Implementing SWPBIS since 2000 January, 2014

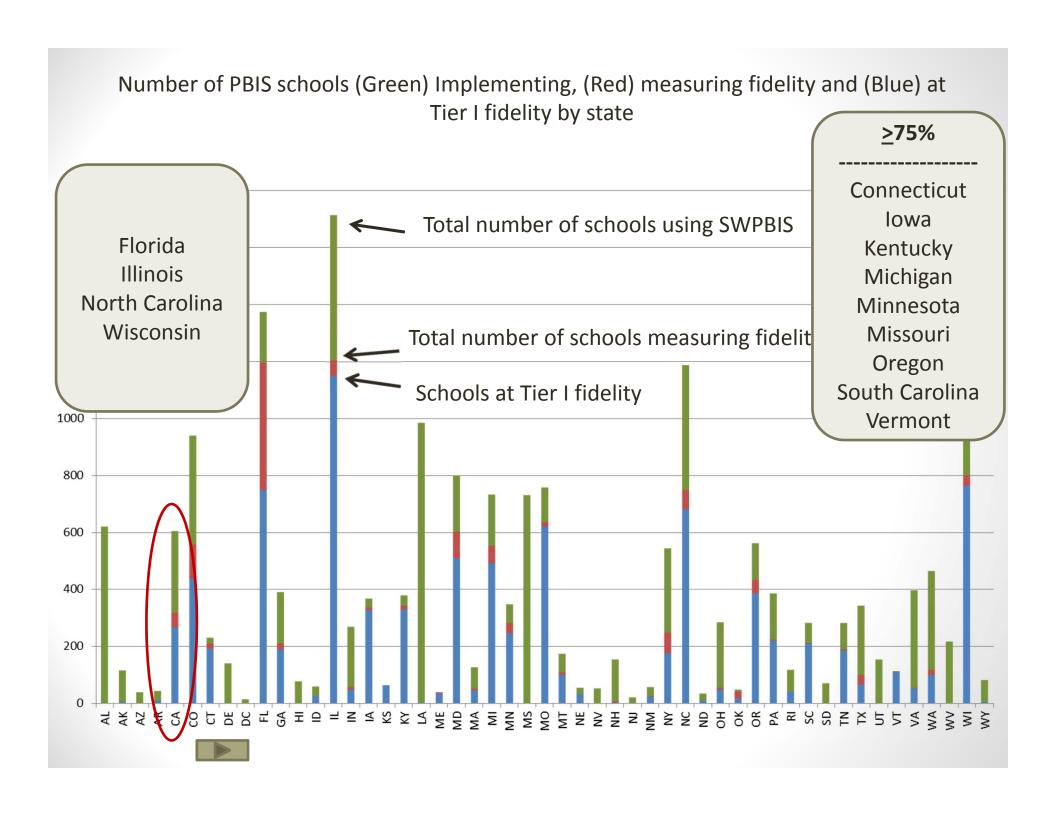


### Number of Schools Implementation SWPBIS (Tier I) by State January 2014



# Proportion of Schools Implementing SWPBIS by State January, 2014

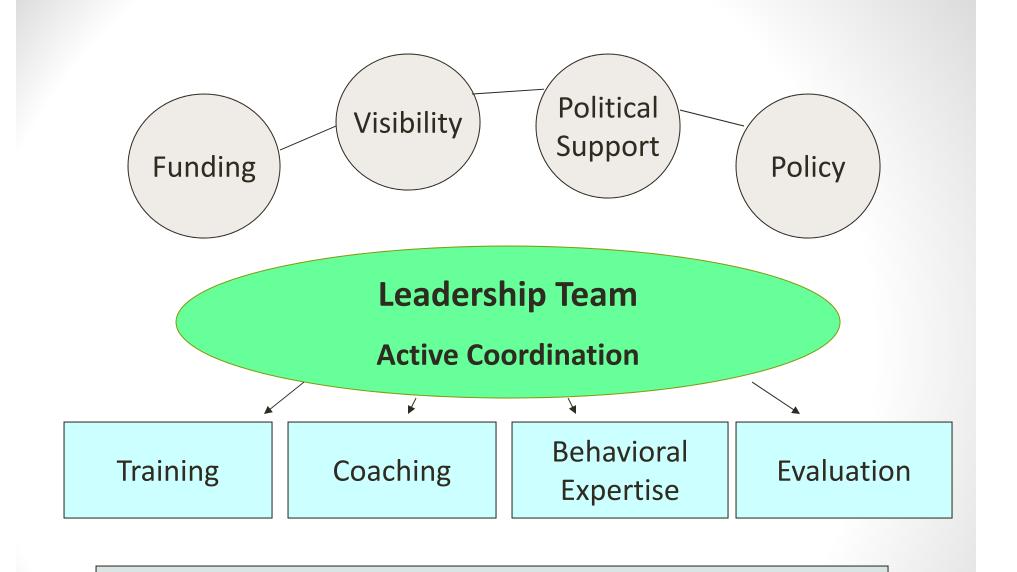




# HOW IS SWPBIS Implemented?

#### Nine Implementation Steps

- Build commitment
- Establish implementation team
- Self-Assess for local adaptation of SWPBS
- Define and teach expectations
- Establish system for recognizing positive behavior
- Establish consequences for problem behavior
- Establish classroom management structure
- Consider bully prevention additions
- Collect and use data for decision-making
- Establish Tier II and Tier III function-based support for students with more severe support needs.

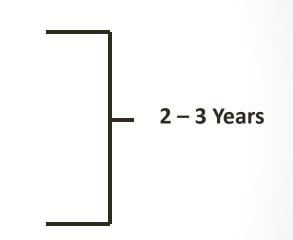


Local School/District Teams/Demonstrations

# Implementation Stages

#### Implementation occurs in stages:

- Exploration
- Installation
- Initial Implementation
- Full Implementation
- Innovation
- Sustainability



Fixsen, Naoom, Blase, Friedman, & Wallace, 2005

### Stages of Implementation

Focus	Stage	Description
Should we do it!	Exploration/ Adoption	Decision regarding commitment to adopting the program/practices and supporting successful implementation.
Work to do it right!	Installation	Set up infrastructure so that successful implementation can take place and be supported. Establish team and data systems, conduct audit, develop plan.
	Initial Implementation	Try out the practices, work out details, learn and improve before expanding to other contexts.
Work to do it better!	Full Implementation	Expand the program/practices to other locations, individuals, times- adjust from learning in initial implementation.
	Continuous Improvement/ Regeneration	Make it easier, more efficient. Embed within current practices.

# System Alignment

- Never stop doing what is already working
- Always look for the smallest change that produces the largest benefit
- To align multiple initiatives
  - Start with outcomes and outcome measures
  - Define core features
    - Separate core features from targeted strategies
    - Separate core features from large theory/philosophy
  - Combine initiatives with common outcomes
  - Rank initiatives with different outcomes
  - Select core features that are evidence-based
  - Implement core features with "strategy flexibility"
  - Measure fidelity as well as outcome
  - Expect alignment at the point/level in a system where the budgets for competing initiatives come together (not lower).

**Integrated Option** 





# 1.1 Team Composition

#### **Scoring Criteria** Quick Self-Assessment **Feature** Data 1. Coordinator Sc **1.1 Team Composition**: Tier I team 2. Behavioral expertise ord includes a Tier I systems 3. Admin authority coordinator, a school Tie 4. Coaching expertise administrator, a family member, me and individuals able to provide (1) available applied behavioral expertise, (2) 5. Knowledge about coaching expertise, (3) knowledge academic/behavior of student academic and outcomes behavior patterns, (4) knowledge 6. Knowledge about school about the operations of the school operations across grade levels and programs ar Main Idea: Teams need people 7. Family/student with multiple skills and re perspective included perspectives to implement PBIS well.

### 1.2 Team Operating Procedures

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.2 Team Operating Procedures: Tier I team meets at least monthly and has (a) regular meeting format/agenda, (b) minutes, (c) defined meeting roles, and (d) a current action plan.	<ul> <li>Tier I team meeting agendas and minutes</li> <li>Tier I meeting roles descriptions</li> <li>Tier I action plan</li> </ul>	<ul> <li>0 = Tier I team does not use regular meeting format/agenda, minutes, defined roles, or a current action plan</li> <li>1= Tier I team has at least 2 but not all 4 features</li> <li>2 = Tier I team meets at least monthly and uses regular meeting format/agenda, minutes, defined roles, AND</li> </ul>
Main Idea: Specific features are necessary to ensure meetings are effective for action planning and tracking progress		has a current action plan  V 2.0

## Team-Initiated Problem Solving

#### **Meeting Foundations**

- Clear purpose and authority
- Efficient Process
  - Start, Stop, Schedule
  - Before/ During/ After
  - Respectful, Diligent
- Defined Roles
  - Facilitator
  - Minute Taker
  - Data Analyst
  - Active Member
- Electronic Meeting Minutes

#### **Effective Problem Solving**

- Define problem with precision
  - What, when, where, who, why, & how often
- Build functional solutions
  - Prevent, teach, reward, consequences, safety, data use
- Build Action Plan for implementation

### Effective Action Planning and Follow up

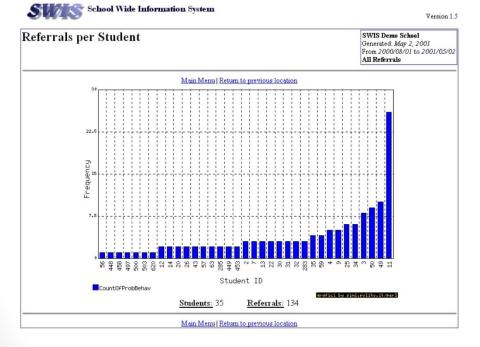
- Use action planning
  - Who did what by when?
- Collect data on if we implemented as well as if it worked
- Follow up and adapt

#### Consideration

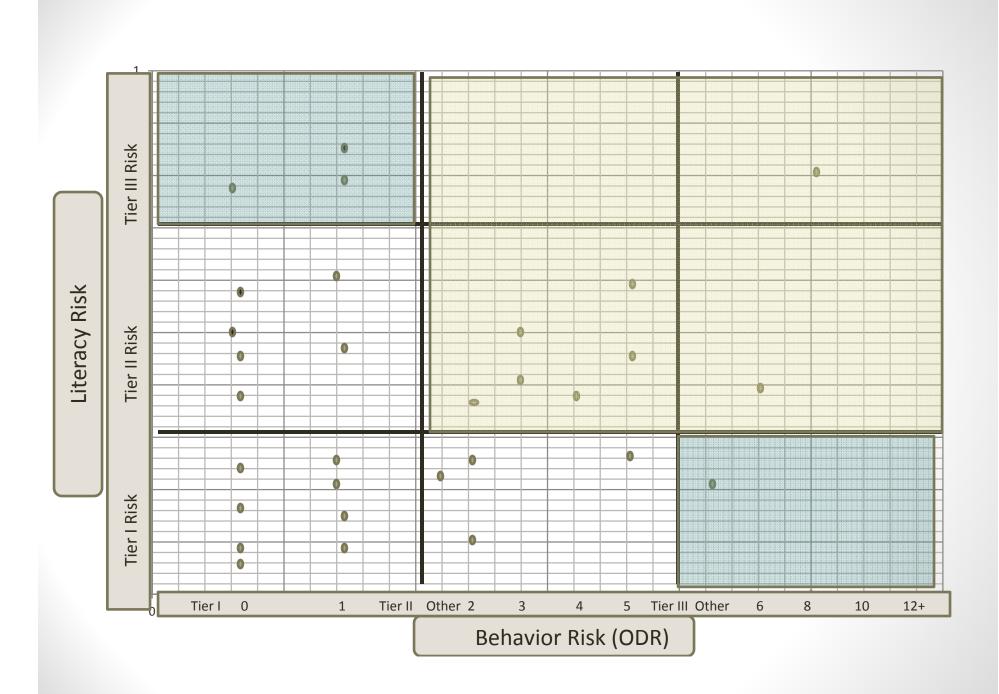
- Universal Screening is an important element of PBIS only when a school has established Tier II and Tier III supports
- The primary purpose of Universal Screening is to identify students in need of more intensive academic and/or behavior support early in the school year.

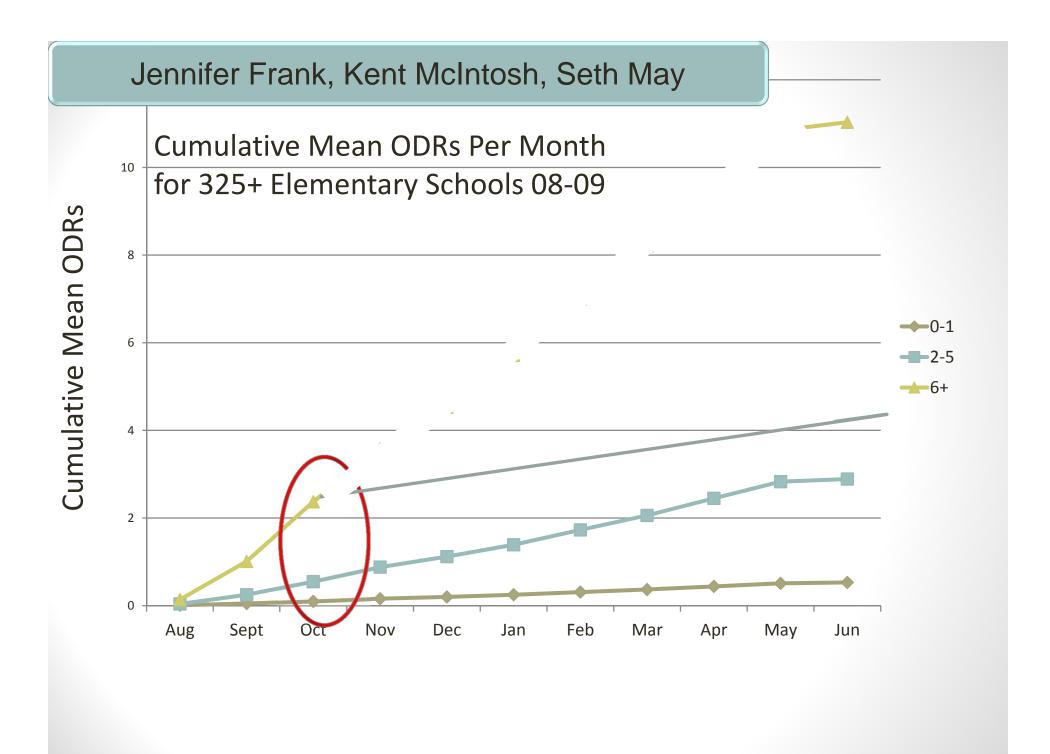
# Linking RTI and PBS

2. Universal Screening



- Collect information on all students at least twice a year
- Use data for decision-making
  - 2 or more ODRs
- SSBD is used in Illinois





## **Team Activity**

- Do we have the right people on the team?
- Do we have the authority to implement PBIS?
- Do we have a schedule for team meetings for the remainder of the year?... If not build it.
- Do we have a process for conducting both academic (3 times) and behavioral (2 times) "universal screening"?
  - Oct-Nov review ODR patterns / ask teachers
  - Feb-Mar review ODR patterns/ ask teachers

# 1.3 Behavioral Expectations

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.3 Behavioral Expectations: School has five or fewer positively stated behavioral expectations and examples by setting/location for student and staff behaviors (i.e., school teaching matrix) defined and in place.	<ul> <li>Staff handbook</li> <li>Student handbook</li> <li>Walk through reports</li> </ul>	<ul> <li>0 = Behavioral expectations have not been identified, are not all positive, or are more than 5 in number</li> <li>1 = Behavioral expectations identified but may not include a matrix or be posted</li> </ul>
Main Idea: Having school-wide positive expectations is among the best ways to establish a positive social culture.		2 = Five or fewer behavioral expectations exist that are positive, posted, and identified for specific settings (i.e., matrix)

# Define School-wide Expectations for Social Behavior

- Identify 3-5 Expectations
- Short statements
- Positive Statements (what to do, not what to avoid doing)
- Memorable
- Examples:
  - Be Respectful, Be Responsible, Be Safe, Be Kind, Be a Friend, Be-there-be-ready, Hands and feet to self, Respect self, others, property, Do your best, Follow directions of adults

# 1.4 Teaching Expectations

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.4 Teaching Expectations: Expected academic and social behaviors are taught directly to all students in classrooms and across other campus settings/locations.	<ul> <li>Professional development calendar</li> <li>Lesson plans</li> <li>Walk through reports</li> <li>Teaching Matrix</li> </ul>	<ul> <li>0 = Expected behaviors are not taught</li> <li>1 = Expected behaviors are taught informally or inconsistently</li> <li>2 = Formal system with written schedules is used to teach expected behaviors directly to students across classroom and campus settings</li> </ul>
Main Idea: Behavioral expectations need to be taughto all students in order to be effective.	nt	V.0.0

### Teach Behavioral Expectations

- Transform broad school-wide Expectations into specific, observable behaviors.
  - Use the Expectations by Settings Matrix
- Teach in the actual settings where behaviors are to occur
- Teach (a) the words, and (b) the actions.
- Teach "When" as well as "How" to behave
- Build a social culture that is predictable, and focused on student success.

#### **Teaching Behavioral Expectations**

**Define the Expectation(s):** 

**Provide a Rationale:** 

**Teach the Critical Discrimination:** 

Demonstrate Appropriate Behavior

Demonstrate Unacceptable Behavior

Practice telling the difference with multiple examples

If there is a "signal" teach the signal (when should the appropriate behavior occur?)

**Teach for fluency (practice)?** 

Reinforcement.

How will this skill be maintained?

#### **Curriculum Matrix**

	Location 1	<b>Location 2</b>	Location 3	<b>Location 4</b>	Location 5	<b>Location 6</b>
Expectation 1						
Expectation 2						
Expectation 3						
Expectation 4						
Expectation 5						

#### North Hill Behavior Matrix





Expectations	All School	Lunch	Playground	Hallway	Bathroom	Cyberspace Commmunication with for North Hill Students
Respectful	<ul> <li>Kind words</li> <li>Level 2 voice</li> <li>Follow adult direction</li> <li>Respect school property</li> <li>Be kind</li> </ul>	<ul> <li>Respect other's space</li> <li>Please &amp; Thank you</li> <li>Use Level 2 voice</li> <li>Good manners</li> </ul>	<ul> <li>Hands &amp; feet to self</li> <li>Share</li> <li>Encourage others</li> <li>Kind words</li> </ul>	<ul> <li>Level 1 voices thru halls</li> <li>Zero voices thru pods</li> <li>Hand to self</li> </ul>	Wash hands Flush Allow privacy Quiet voice	Use electronic communication with care Choose words carefully that show respect for others Don't use words and actions that may be hurtful or intimidating
Responsible	<ul> <li>Make good choices</li> <li>Recycle</li> <li>Be on time</li> <li>Be prepared</li> <li>Be positive</li> </ul>	<ul> <li>Eat your own food</li> <li>Stay seated</li> <li>Clean your space</li> <li>Wait to be excused</li> <li>Fuel your body</li> </ul>	<ul> <li>Dress for the weather</li> <li>Line up when bell rings using walking feet</li> </ul>	<ul> <li>Have a Hall Pass</li> <li>Walk</li> <li>Stay to right</li> <li>Follow posted pod expectati ons</li> </ul>	<ul> <li>Put trash in garbage</li> <li>Use assigned restroom</li> </ul>	<ul> <li>Only say or do something in cyberspace via the computer, phone, or text that you would not say or do in person</li> <li>Only use and respond as your own identity</li> <li>School personnel, parents,</li> <li>Use problem solving skills to work out conflicts</li> </ul>
Safe	<ul> <li>Report unsafe</li> <li>behavior</li> <li>Report &amp;</li> <li>refuse bullying</li> </ul>	• Stop & listen at adult signal	<ul> <li>Listen to adults</li> <li>Play safely</li> <li>Use equipment correctly</li> <li>Report unsafe behavior</li> </ul>	Stay with your class     Take One stair at a time		<ul> <li>Report online threats/harassment/intimidation/fighting or to an adult</li> <li>Use cyberspace as a fun &amp; efficient way to talk and communicate</li> <li>Report any communications that concern the safety and well being of another person</li> </ul>

Teaching		SETTING						
	Matrix	All Settings	Hallways	Playgro	afeteria	CO.	embly	Bus
	Respect Ourselves	Be on task. Give your st eff	OCIAL	SKILL plan.	food. Select healthy foods.	Study, read, compute.	embly AAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAAA	AZ for
Expectations	Respect Others	to self. Help/share with	Use normal voice volume. Walk to right.	Play safe. Include others. Share equipment.	Practice d table	Whisper. Return books.	Listen/watch. Use appropriate applause.	Use a que voice. Stay in your seat.
EX	Respect Property	Recycle. Clean up after self.	Pick UP 3. BEK EXAN	AVIOR IPLES age can.	utensils. Clean up eating area.	Push in chairs. Treat books carefully.	Pick up. Treat chairs appropriately.	Wipe your feet. Sit appropriately.

# Teaching Matrix Activity (Identify cells that you would change)

	Classroom	Lunchroom	Bus	Hallway	Assembly
Respect Others	No food in class	Eat your own food	Stay in your seat	No harassment No violence	Arrive on time to speaker
Respect Environment & Property	Recycle paper	Return trays	Keep feet on floor	Do not litter	Leave the auditorium as clean as you find it.
Respect Yourself	Do your best	Wash your hands	Be at stop on time	Use your words	No hats No gum
Respect Learning	Have materials ready	Eat balanced diet	Go directly from bus to class	Go directly to class	Discuss topics in class w/ others

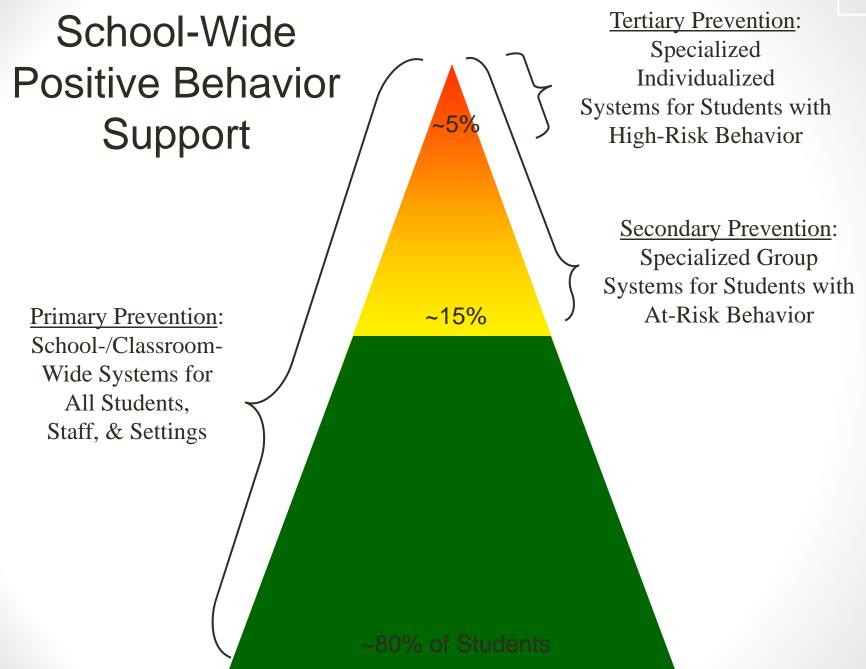
# Activity: Teaching Matrix

- List your expectations and your locations on the Teaching matrix
- Select one location in the school
- Define how you would teach the expectations in that location.
  - Present "words"...expectations
  - Present rationale, and definitional rule
  - Present positive examples
  - Present negative (non) examples
  - Provide an activity in which all students practice

## Activity

 Define the schedule/process for teaching behavioral expectations in Fall 2014.

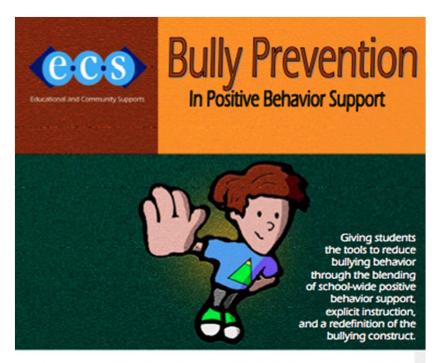
- What teams (include all the faculty/staff)
- What locations
- What training materials
- How will you assess if students have learned the expectations?



# Implications for Bully Prevention

- Build on school-wide social culture
  - Do not add a NEW program to what you already do
  - All students know what "respect" means
- Avoid deviancy training: (do NOT teach bullying)
- Teach a school-wide signal for "stop"
- Teach all students what to do if asked to "stop"

#### www.pbis.org



Scott Ross, M.S., Rob Horner, Ph.D, & Bruce Stiller, Ph.D





Giving students the tools to reduce bullying behavior through the blending of school-wide positive behavior support, explicit instruction, and a redefinition of the bullying construct.

# Bully Prevention In Positive Behavior Support

for Middle Schools



# Bullying and Harassment Prevention in Positive Behavior Support: Expect Respect

Brianna C. Stiller, Rhonda N.T. Nese, Anne K. Tomlanovich, Robert H. Horner, Scott W. Ross



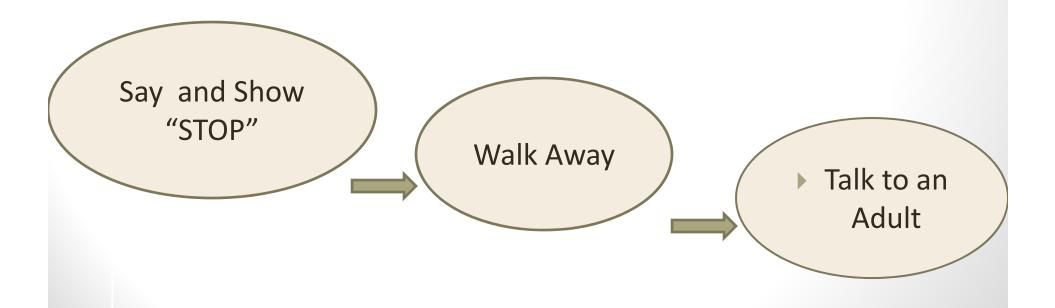
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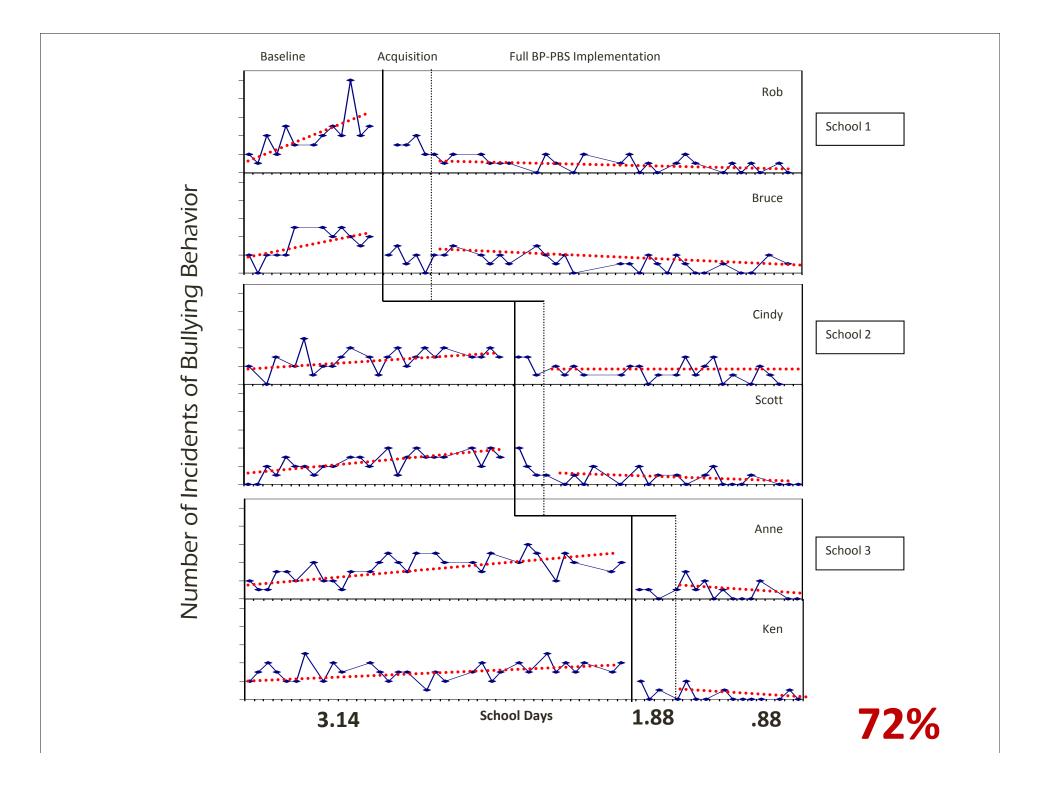


# Teach a *Three-Step Skill* that can be used in all places at all times. Keep it simple

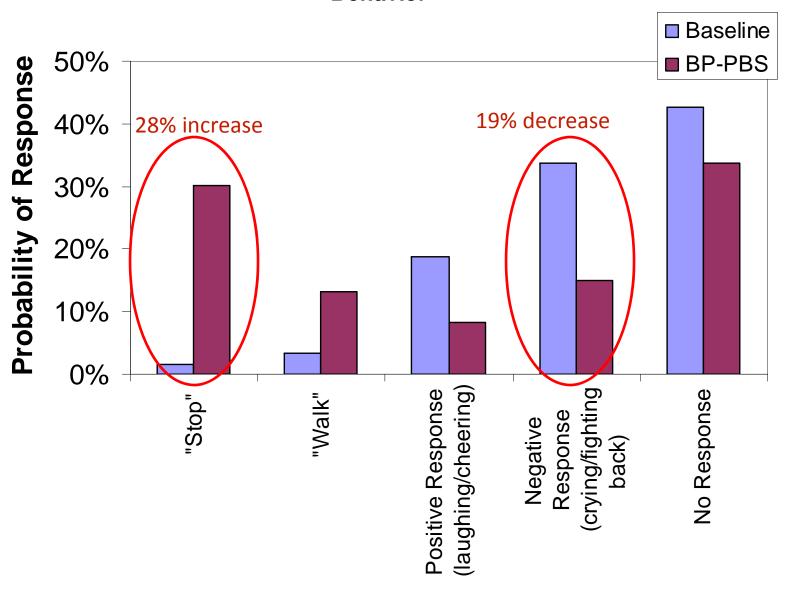
If you encounter behavior that is NOT respectful

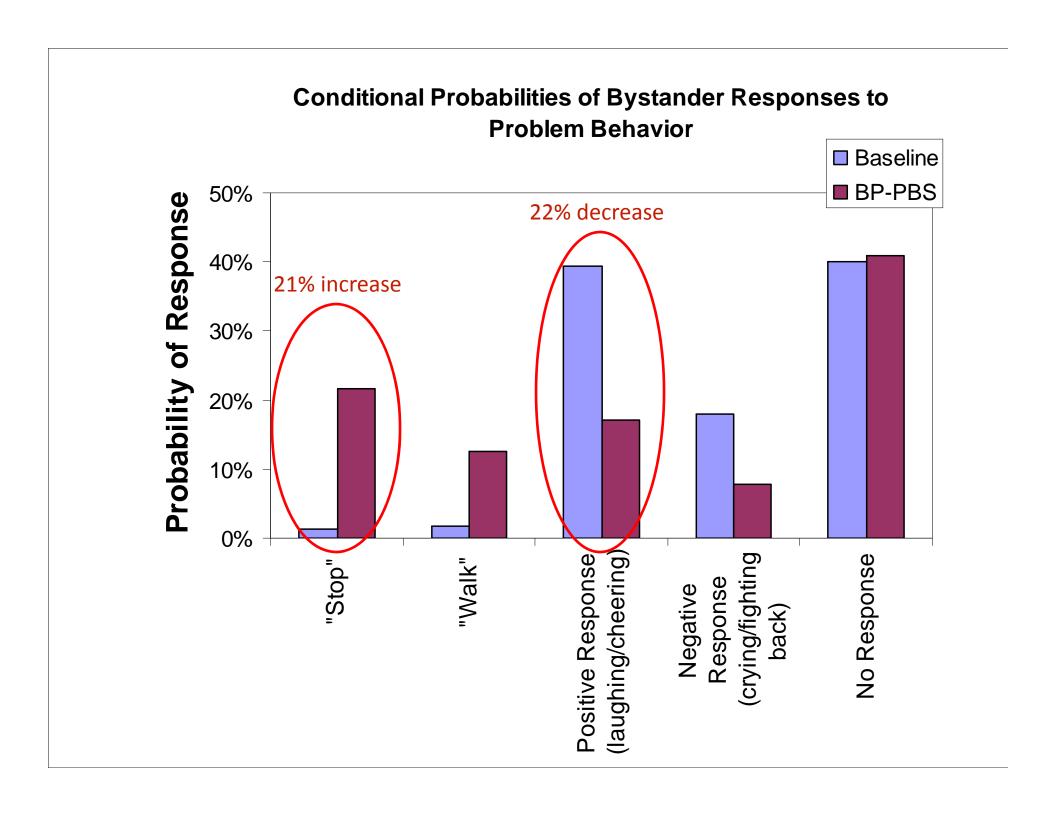
Stop ----- Walk ----- Talk





#### Conditional Probabilities of Victim Responses to Problem Behavior





#### 1.5 Problem Behavior Definitions

1.0 1 TODICITE D		Scoring Criteria
Feature	Data Sources	0 = Not implemented 1 = Partially implemented 2 = Fully implemented
1.5 Problem Behavior Definitions: School has clear definitions for behaviors that interfere with academic and social success and a clear policy/procedure (e.g., flowchart) for addressing office-managed versus staff-managed problems.  Main Idea: Operational definition problem behavior and consistent processes for responding to problem behavior improve the "predictabe of social expectations in the schape of social expectations in the schape behavior.	ons of ent blem bility" cool.	<ul> <li>0 = No clear definitions exist and procedures to manage problems are not clearly documented</li> <li>1 = Definitions and procedures exist but are not clear and/or not organized by staff- versus office-managed problems</li> <li>2 = Definitions and procedures for managing problems are clearly defined, documented, trained, and shared with families</li> </ul>
		• V 2.0

SWIS Behavior Codes

www.swis. org

Major Problem Behavior	Definition
Bullying (Bullying)	The delivery of direct or technology-based messages that involve intimidation, teasing, taunting, threats, or name calling.
Defiance/ Insubordination/ Non-Compliance (Defiance)	Student engages in refusal to follow directions or talks back.
Disrespect (Disrespet)	Student delivers socially rude or dismissive messages to adults or students.
Disruption (Disruption)	Student engages in behavior causing an interruption in a class or activity. Disruption includes sustained loud talk, yelling, or screaming; noise with materials; horseplay or roughhousing; and/or sustained out-of-seat behavior.
Dress Code Violation (Dress)	Student wears clothing that does not fit within the dress code guidelines practiced by the school/district.
Fighting (Fight)	Student is involved in mutual participation in an incident involving physical violence.
Forgery/ Theft/Plagiarism (Theft)	Student is involved by being in possession of, having passed on, or being responsible for removing someone else's property; or the student has signed a person's name without that person's permission, or claims someone else's work as their own.
Gang Affiliation Display (Gang Display)	Student uses gesture, dress, and/or speech to display affiliation with a gang.
Harassment (Harass)	The delivery of disrespectful messages in any format related to gender, ethnicity, sex, race, religion, disability, physical features, or other protected class.

## Consequence Systems

- Policy and Logic
- Problem behavior definitions
- Discipline referral form
- Guidelines for responding to problem behavior
  - Is there a common rule for when to send a student to the office?
  - Are there "levels" of response/ Flow chart of actions?
- Data system
  - Regular reporting to full faculty
  - Active use of data for decision-making by those who collect the data.

## Logic

- Use negative consequences to:
  - Teach what you want:
    - "this is not an example of being respectful"
  - Interrupt negative behavioral chains
    - " don't let a small problem escalate"
  - Sustain instruction for everyone else
    - One student's problem behavior should not interfere with the education or others
  - Minimize likelihood that problem behavior is inadvertently rewarded.
    - Minimize peer attention
    - Minimize adult attention
    - Minimize escape from demands/tasks
    - Minimize access to tangible rewards.



# Six Elements of a School Discipline System

#### 1. Policy and Logic

- 2. Problem Behavior Definitions
- 3. Discipline Referral Form
- 4. Guidelines for responding to problem behavior

- 5. Data System
- 6. Decision-making Process

# 1.6 Discipline Policies

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.6 Discipline Policies: School policies and procedures describe and emphasize proactive, instructive, and/or restorative approaches to student behavior that are implemented consistently.	<ul> <li>Discipline policy</li> <li>Student         handbook</li> <li>Code of         conduct</li> <li>Administrator         interview</li> </ul>	<ul> <li>0 = Documents contain only reactive and punitive consequences</li> <li>1 = Documentation includes and emphasizes proactive approaches</li> <li>2 = Documentation includes and emphasizes proactive approaches AND administrator reports consistent use</li> </ul>
Main Idea: Preventative and positive approaches to discipline are the most effective.		V 2.0

# Predictability and Reason

- Students know what to expect from adults
- Adults know what to expect from each other
- Adults have authority to use common sense and professional judgment.



#### 1. Discipline Policy

- Purposes of Discipline Policy
  - Promote positive behavior and reduce problem behavior
  - Comply with federal and state law
  - Coordinate behavior support efforts
  - > Ensure safe and effective environments
  - Get students access to needed supports



#### **Discipline Policy**



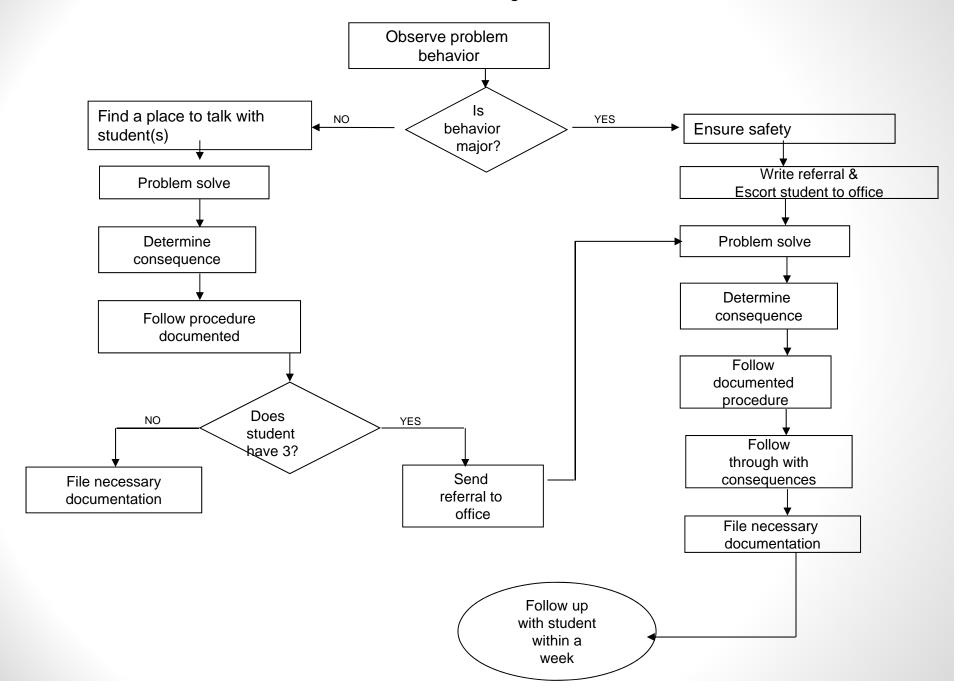


- > Define roles
- > Define process for addressing problem behavior
- > Define consequence options
- > Define data collection expectations

Be especially clear about what is managed in class by teacher versus what is sent to office.

e.g. "Any behavior that places a student (self or others) at risk (emotionally or physically), violates a major expectation (e.g. theft) or interferes with the educational opportunities of other students is grounds for an office discipline referral"

#### General Procedure for Dealing with Problem Behaviors



#### Wilson Elementary School Behavior Management Flowchart

**Observe Problem Behavior** 

#### MINOR

#### Teacher Managed

Disruption

Defiance

Disrespect

Dress Code Violation

Inappropriate Language

Property Misuse

Physical Contact

**Tardiness** 

Lack of Preparedness

Electronic Devices

Note:
If an item
needs to be
confiscated,
contact an
administrator
to take
possession of
the item while
keeping the
student under
direct adult
supervision.

#### Pre-correct/ Re-Teach/ Redirect/ Reinforce **Expected Behavior using Responding Chart** Is behavior office managed? NO YES Use teacher consequence(s): Warnings, seat change, Write Major DRF problem solve with student Send student to office or call office If behavior is to have student unchanged, complete removed. DRF and assign concrete consequence. Administrator promptly determines consequence. Has teacher 1

YES

Write

Major DRF

contacted parent

and given 3 minor

DRFs within a

month?

Continue teacher

management until

3 minor DRFs are

collected.

NO

#### MAJOR

#### Office Managed

Chronic Teacher Managed Behaviors (3 minors in a one month period)

**Fighting** 

Academic Dishonesty

Harassment/ Bullying

Truancy

Property Damage

Forgery/Theft

Drug/ Alcohol/ Tobacco/ Weapons

Vandalism

Bomb Threat/ False Alarm

Arson

Administrator follows

through on

consequence.

1

Administrator

provides feedback to

teacher in a timely

manner.

Inappropriate Displays of Affection

Information and Electronics Technology Violation

#### Your Task

 Determine if a formal discipline policy exists. If needed, what steps are needed to have one developed?

 Build a plan for developing a one-page flow chart defining expectations for teacher-managed versus office managed behavioral incidents.

### 1.7 Professional Development

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.7 Professional Development: A written process is used for orienting all faculty/staff on Tier I SWPBIS practices, including (a) teaching school-wide expectations, (b) acknowledging appropriate behavior, (c) correcting errors, and (d) requesting assistance.	<ul> <li>Professional development calendar</li> <li>Staff handbook</li> </ul>	<ul> <li>0 = No process for teaching staff is in place</li> <li>1 = Process is informal/unwritten, not part of professional development calendar and/or does not include all staff or all 4 core Tier I practices</li> </ul>
Main Idea: The key to PBIS implementation is staff consistency. All staff need to be informed and aware of goals, process, measures.		2 = Formal process for teaching all staff all aspects of Tier I system, including all 4 core Tier I practices

# Professional Development

- What is plan for introducing PBIS to all faculty this coming year?
  - Faculty meet
  - Time to s
  - Time to
  - Time to e
  - Time to es
- What is plan and staff?

Build a PBIS Notebook

- 1. Policies
- 2. Teaching plans
- 3. Discipline system

Make it easer to do PBIS in Year 2

## 1.8 Classroom Procedures

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.8 Classroom Procedures: Tier I features (school-wide expectations, routines, acknowledgements, in-class continuum of consequences) are implemented within classrooms and consistent with school-wide systems.	<ul> <li>Staff handbook</li> <li>Walk through reports</li> <li>Progress monitoring</li> <li>Individual classroom data</li> </ul>	<ul> <li>0 = Classrooms are not formally implementing Tier I</li> <li>1 = Classrooms are informally implementing Tier I but no formal system exists</li> <li>2 = Classrooms are formally implementing all core Tier I features, consistent with school-wide expectations</li> </ul>
Main Idea: PBIS expectations a consequences need to be integrated into the classroor systems. This improves consistency in behavior supportant practices across adults.	n	V 2.0



# In Well Managed Classrooms

Students: Wehby, Symons, & Shores (1995)

- Follow a predictable schedule
- Follow a schedule with high rates of student managed behavior
- Engage in high rates of academic engagement
- Use problem solving structures
- Experience high rates of academic achievement
- Follow smooth and efficient transitions

Respond with high rates of compliance



# In Classrooms that were Ineffective Wehby, Symons, & Shores (1995)

- Less than half of student hand raises or correct academic responses were acknowledged by teachers
- About 26 "to do" statements per hour
- Less than 2 praise statements per hour
- 64% of "to do" statements were social in nature
- Most academic work consisted of independent seatwork
- Inconsistent distribution of teacher attention
- Compliance to a command generally resulted in the delivery of another command



# 1. Behavioral Expectations Invest in Appropriate Behavior

Define and teach 3-5 expectations for your classroom early in year.

- Positively stated expectations
- Easy to remember
- Posted in the classroom
- Consistent with School-wide rules/expectations
- Taught Directly
  - Positive and negative examples
- Examples:
  - Be safe, Be responsible, Be respectful
  - Respect others, Respect property, Respect self



### 2. Establish a Predictable Environment

- Define and teach classroom routines
  - How to enter class and begin to work
  - How to predict the schedule for the day
  - What to do if you do not have materials
  - What to do if you need help
  - What to do if you need to go to the bathroom
  - What to do if you are handing in late material
  - What to do if someone is bothering you.
  - Signals for moving through different activities.
    - "Show me you are listening"
  - How to determine if you are doing well in class
  - Establish a signal for obtaining class attention
  - Teach effective transitions.



### **Designing Classroom Routines**

Routine	School-wide Expectations	Signal
Entering Class	Walk in, sit down, start work	Instruction on board
Obtaining class attention	Orient to teacher, be quiet	?
Getting Help during seat work	?	?



# **Activity: 12 min Identify Routines**

- What are 3 routines common across classrooms in your school?
- Complete the classroom routines matrix for your classroom
  - (or a classroom you know well)

 What is a PROCESS you might use with your faculty to define and share effective examples?



# 7. Ensure Academic Success: Match Curriculum to Student Skills

 Failure as a discriminative stimulus for problem behavior.



- > 70% success rate.
- Young learners versus experienced learners
- How can we teach with success and still teach the required curriculum?
- Monitor and adapt
  - Maintain instructional objective, but adjust the curriculum/instruction
  - The art of curricular adaptation (strategies)
  - Have fun

Avoidance Video



- Assume you are the faculty for the whole school.
  - > Independently rate your own classroom
    - If you do not have a classroom rate the classroom you know best.
  - Produce a "Mean" for the school by taking the mean of your classrooms.
  - ➤ Identify the one element of the self-assessment that would make the biggest difference. Identify one action to be completed within the next three months of school that would improve that element.

### 1.9 Feedback and Acknowledgement

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
Acknowledgement: At least 80% of a sample of staff (interview at least 10% of staff or at least 5% for smaller schools) report currently using (within the last two months) a formal acknowledgement system, including specific feedback when expected behavior is displayed, the Main Idea: Students will sustain positive behavior only if there are regular strategies for continuous appropriate behavior. Format systems are easier for teachers/staff to implement	and at least 10 students  in are ous	<ul> <li>0 = Student behavior is not formally acknowledged</li> <li>1 = Student behavior is formally acknowledged but system is used by &lt;80% of staff and/or received by &lt;80% of students</li> <li>2 = Student behavior is formally acknowledged by at least 80% of staff and received by at least 80% of students in a system with all 4 components</li> </ul>

### **On-going Reward of Appropriate Behavior**

- Every faculty and staff member acknowledges appropriate behavior.
  - 5 to 1 ratio of positive to negative contacts
- System that makes acknowledgement easy and simple for students and staff.
- Design rewards to meet needs of "at-risk" students.
- Different strategies for acknowledging appropriate behavior (small frequent rewards more effective)
  - Beginning of class recognition
  - Raffles
  - Open gym
  - Social acknowledgement

# Are Rewards Dangerous?

- "...our research team has conducted a series of reviews and analysis of (the reward) literature; our conclusion is that there is no inherent negative property of reward. Our analyses indicate that the argument against the use of rewards is an overgeneralization based on a narrow set of circumstances.
  - Judy Cameron, 2002
  - Cameron, 2002

0

- Cameron & Pierce, 1994, 2002
- Cameron, Banko & Pierce, 2001
- "The undermining effect of extrinsic reward on intrinsic motivation remains unproven" Use of rewards in

Steven Reiss, 2005

Education



Akin-Little, K. A., Eckert, T. L., Lovett, B. J., & Little, S. G. (2004). Extrinsic reinforcement in the classroom: Bribery or best practices. School Psychology Review, 33, 344-362

#### "What the Worlds Greatest Managers Do Differently"

-- Buckingham & Coffman 2002, Gallup

#### Interviews with 1 million workers, 80,000 managers, in 400 companies.

- Create working environments where employees:
  - 1. Know what is expected
  - 2. Have the materials and equipment to do the job correctly
  - 3. Receive recognition each week for good work.
  - 4. Have a supervisor who cares, and pays attention
  - 5. Receive encouragement to contribute and improve
  - 6. Can identify a person at work who is a "best friend."
  - 7. Feel the mission of the organization makes them feel like their jobs are important
  - 8. See the people around them committed to doing a good job
  - 9. Feel like they are learning new things (getting better)
  - 10. Have the opportunity to do their job well.

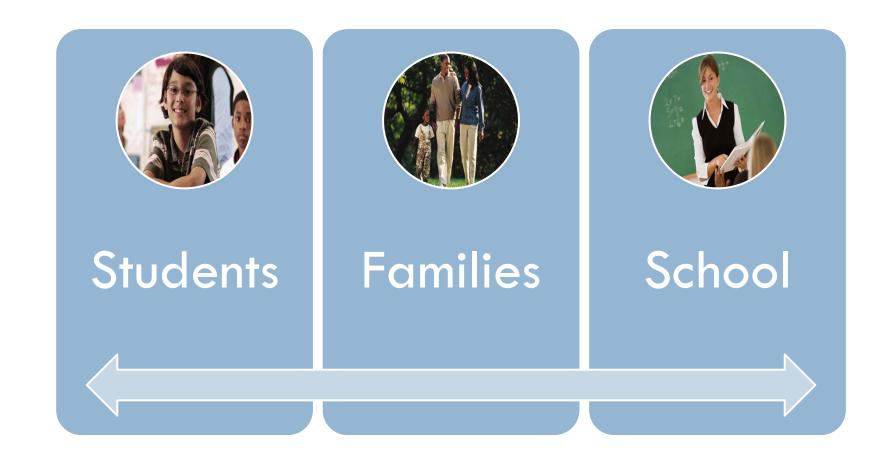
# Activity

• How do we acknowledge the social behavior of students?

- 1. Individual students
  - System to allows individual rewards to benefit many
- 2. Groups/Classrooms
- 3. Whole school

### 1.10 Student/Family/Community Involvement

Feature	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented
		2 = Fully implemented
1.10 Student/Family/Community Involvement: Stakeholders (faculty, families, and students) provide input on universal foundations (e.g., expectations, consequences, and acknowledgements at least every 12 months).	<ul> <li>Surveys</li> <li>Voting results from parent/family meeting</li> <li>Team meeting minutes</li> </ul>	<ul> <li>0 = No documentation (or no opportunities) for stakeholder feedback on Tier I foundations</li> <li>1 = Documentation of input on Tier I foundations, but not within the past 12 months or input not from all types of stakeholders</li> <li>2 = Documentation exists that students, families, and</li> </ul>
Main Idea: Schools need active engagement of students, families and faculty to be successful.	е	community members have provided feedback on Tier I practices (expectations, consequences and acknowledgements) within the past 12 months



# Academic Engagement

### **Families**



- Partnership with families
- What three things could most families do that would make the biggest positive impact on student educational success?
- Options
  - Show interest
    - (ask how the day went)
  - Help with homework
    - (time, place, support, knowing)
  - Communication with school
    - (events, needs, what is working, and what is not working)



**Families** 

#### **Team Activity:**

How can your school engage families:

- 1) What are 1-3 reasonable things families can do that would make a difference?
- 2) What would be the best way to share this information with families? How would we know if we had been successful?

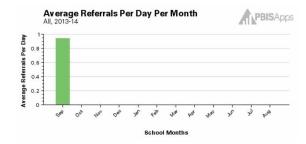
# Academic Engagement

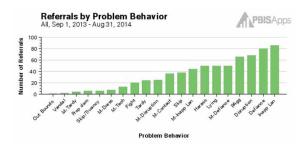
# 1.11 Discipline Data

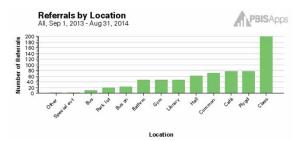
Feature	Data Sources	Scoring Criteria  0 = Not implemented 1 = Partially implemented 2 = Fully implemented
1.11 Discipline Data: Tier I team has instantaneous access to graphed reports summarizing discipline data organized by the frequency of problem behavior events by behavior, location, time of day, and by individual student.	<ul> <li>School policy</li> <li>Team meeting minutes</li> <li>Student outcome data</li> </ul>	<ul> <li>0 = No centralized data system with ongoing decision making exists</li> <li>1 = Data system exists but does not allow instantaneous access to full set of graphed reports</li> <li>2 = Discipline data system exists that allows instantaneous access to graphs of frequency of</li> </ul>
Main Idea: Teams need the right information in the right form a the right time to make effective decisions.	t	problem behavior events by behavior, location, time of day and student

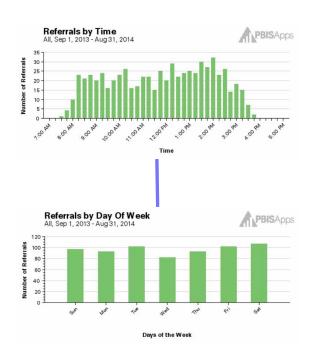
## **Core SWIS Reports**

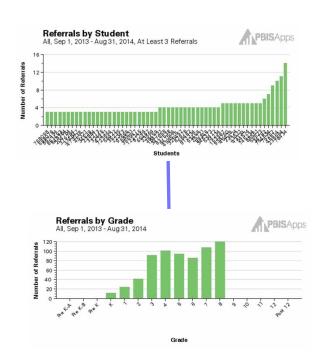








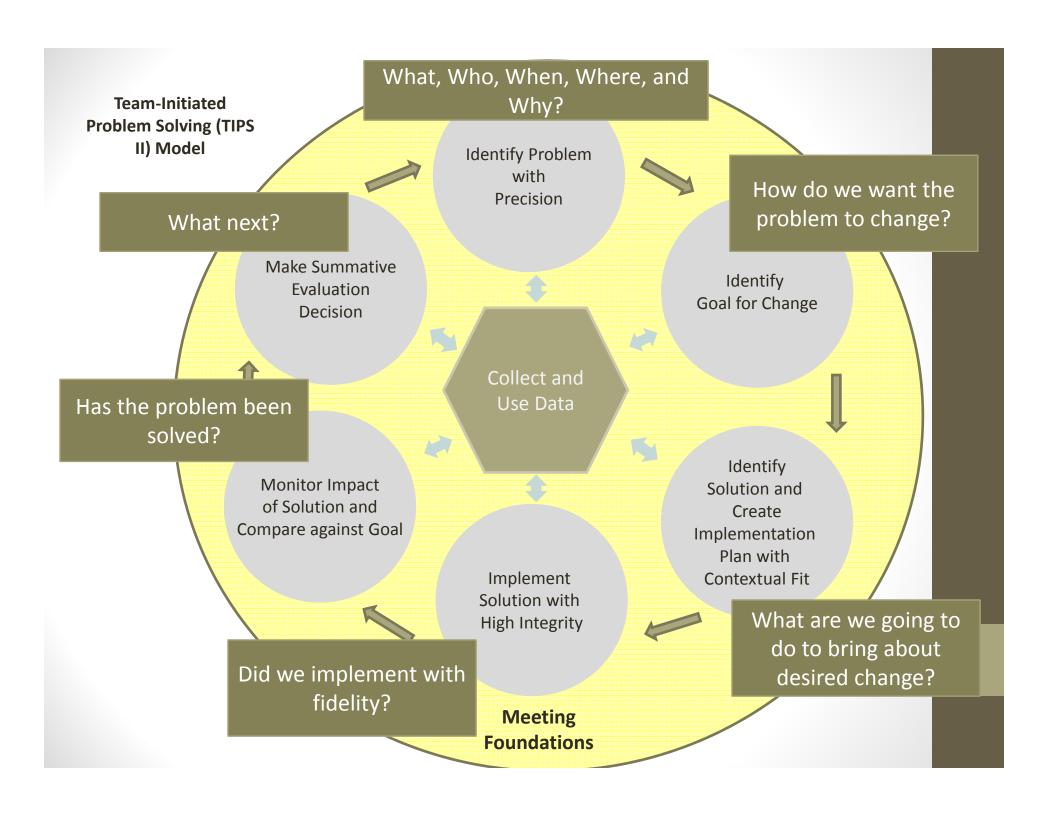


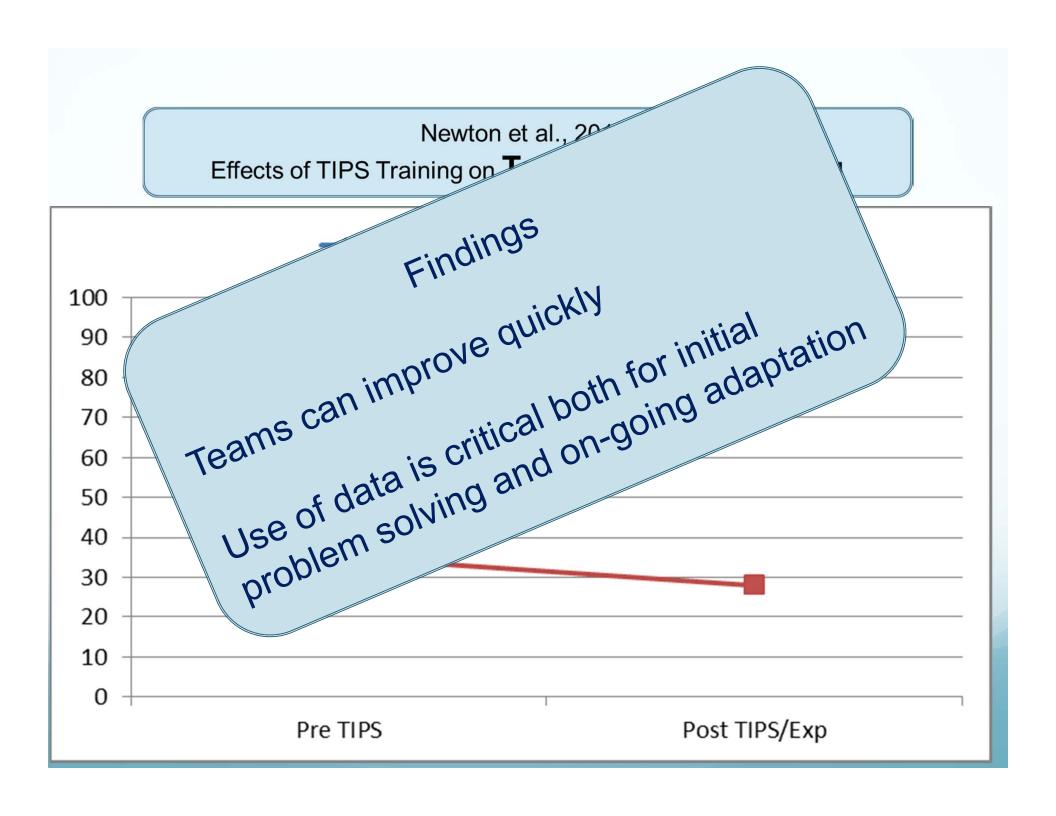




### 1.12 Data-Based Decision Making

Feature	Data Sources	Scoring Criteria  0 = Not implemented 1 = Partially implemented 2 = Fully implemented
1.12 Data-based Decision Making: Tier I team reviews and uses discipline data and academic outcome data (e.g., Curriculum- Based Measures, state tests) at least monthly for decision making.	<ul> <li>Data decision making for non- responders</li> <li>Staff professional development calendar</li> <li>Staff handbook</li> <li>Team meeting minutes</li> </ul>	<ul> <li>0 = No process/protocol exists or data are reviewed but not used</li> <li>1 = Data reviewed and used for decision making, but less than monthly</li> <li>2 = Team reviews discipline data and uses data for decision making at least monthly. If data indicate an academic or behavior</li> </ul>
Main Idea: Teams need the right information in the right form a the right time to make effective decisions.	t	problem, an action plan is developed to enhance or modify Tier I supports



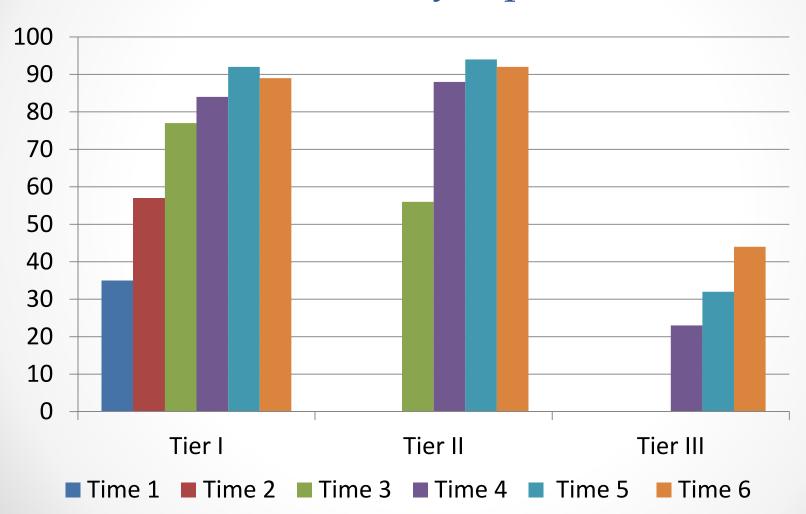


# 1.13 Fidelity Data

	Feature	I	Data Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
ar Bo	13 Fidelity Data: Tier I team reviews and uses SWPBIS fidelity (e.g., SET, oQ, TIC, SAS, Tiered Fidelity eventory) data at least annually.	<ul><li>S</li><li>S</li></ul>	chool policy staff handbook school newsletters school website	<ul> <li>0 = No Tier I PBIS fidelity data collected</li> <li>1 = Tier I PBIS fidelity collected informally and/or less often than annually</li> <li>2 = Tier I PBIS fidelity data collected and used for decision making annually</li> </ul>
	Main Idea: Measuring fidelity essential for maintaining high criterion use of PBIS. Any Tier fidelity measure is acceptable. Completing this inventory meets criterion for a "2" score.	- I		• V 2.0

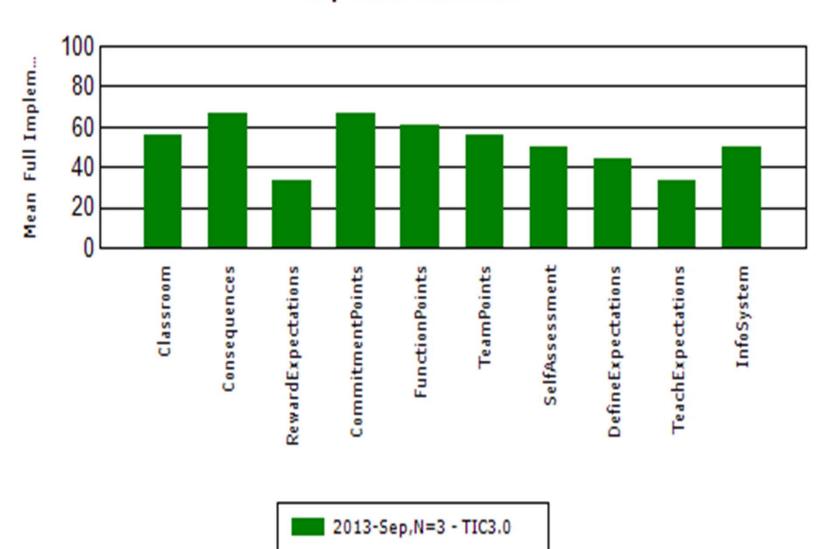
### PBIS Tiered Fidelity Inventory:

### Summary reports

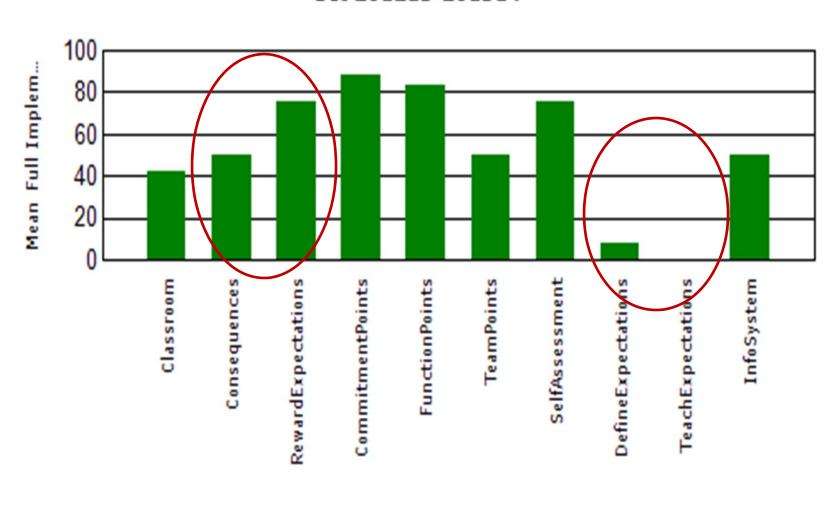


#### Middle Schools

#### Oak Grove Elementary SD - TIC Implementation Sep 201213-201314



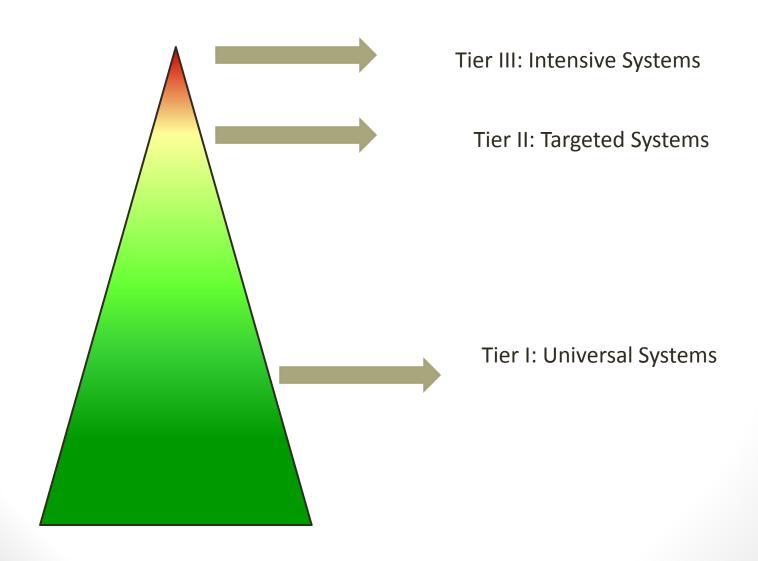
#### Oak Grove Elementary SD - TIC Implementation Oct 201213-201314



2013-0ct,N=2 - TIC3.0

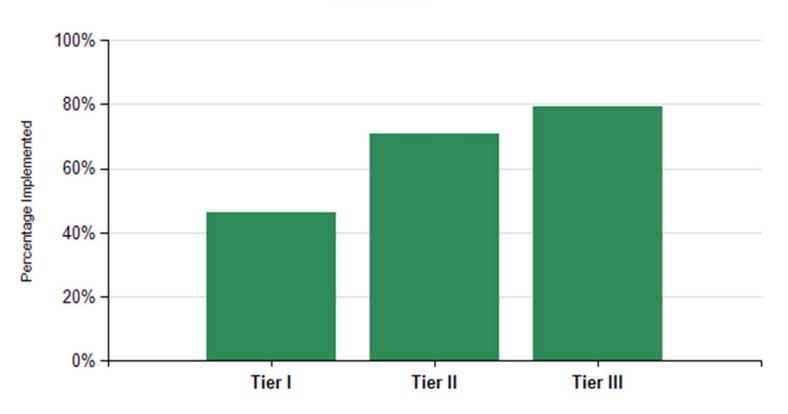
s - TIC Implementation Jan 200809-201011 100 Mean Full Implem... 80 60 40 20 room ces CommitmentPoints TeamPoints DefineExpectations TeachExpectations InfoSystem FunctionPoints Consequen RewardExpectat SelfAsses 2010-Jan,N=4 - TIC3.0 2011-Jan,N=9 - TIC3.0

### Example: PBIS Tiered Fidelity Inventory



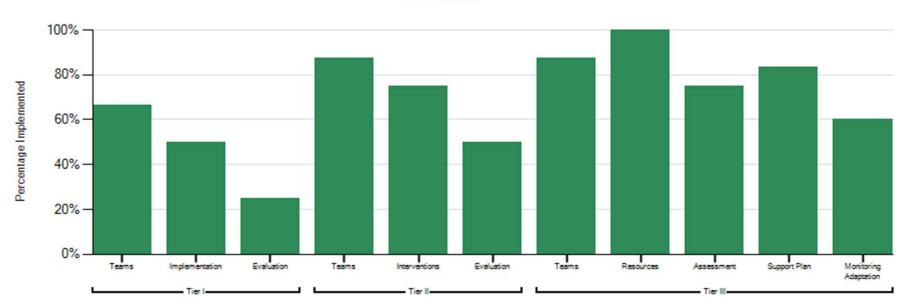
# School-Wide PBIS (SWPBIS) Implementation Inventory Elementary School 1/15/2014

1/15/2014



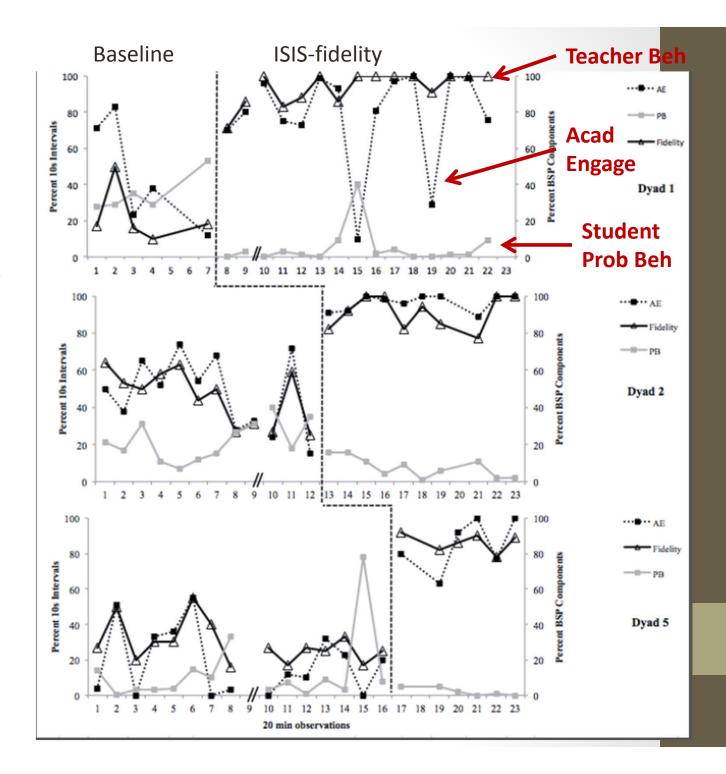
#### School-Wide PBIS (SWPBIS) Implementation Inventory Elementary School 1/15/2014

1/15/2014



Sarah Pinkelman 2014

Is there a functional relation between introduction of daily measures of BSP fidelity and impact (via the Individual Student Information System: ISIS), and change in (a) the fidelity of BSP implementation and (b) student behavior?



## 1.14 Annual Evaluation

Feature	Da	ta Sources	Scoring Criteria  0 = Not implemented  1 = Partially implemented  2 = Fully implemented
1.14 Annual Evaluation: Tier I planning team documents fidelity and effectiveness (including on academic outcomes) of Tier I practices at least annually (including year-by-year comparisons) that are shared with stakeholders (staff, families, community, district) in a usable format.  Main Idea: Implementation of core components of PBIS is malikely if the Tier I team both seassesses implementation statule least annually AND reports the status to relevant stakeholders school community, school both etc.)	stu • Tie • Fid • Sch • Stu • Ou' • Dis • Sch f the nore elf- us at neir s (i.e.,	off and dent surveys or I handbook elity tools nool policy dent tcomes trict reports nool wsletters	<ul> <li>0 = No evaluation takes place or evaluation occurs without data</li> <li>1 = Evaluation conducted, but not annually, or outcomes are not used to shape the Tier I process and/or not shared with stakeholders</li> <li>2 = Evaluation conducted at least annually, and outcomes (including academic) shared with stakeholders, with clear alterations in process based on evaluation</li> </ul>

# Activity: Using Data

- Do we have an efficient system for collecting the data we need?
  - Office discipline referrals per day per month
  - Disaggregation by grade, gender, ethnicity, time, behavior.
  - More detailed data for students at greater risk.
- Do we use the data to make decisions, and improve the quality of our learning environment?
  - Data reviewed regularly
  - Data used by teams to build solutions.

# North Carolina Positive Behavior Interventions & Support Initiative

February 2009

Heather R. Reynolds
NC Department of Public Instruction
Bob Algozzine
Behavior and Reading Improvement Center

http://www.dpi.state.nc.us/positivebehavior/

# North Carolina Positive Behavior Intervention & Support Initiative 2010

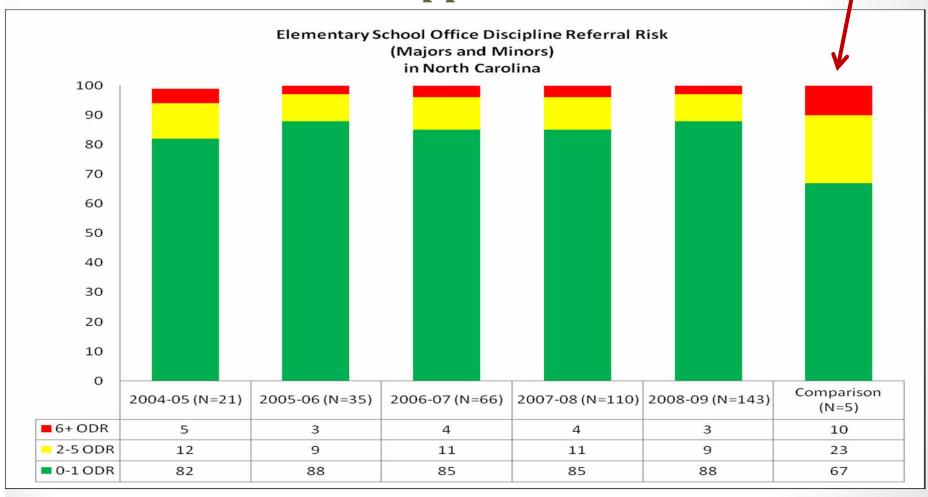
#### Positive Behavioral Support in North Carolina



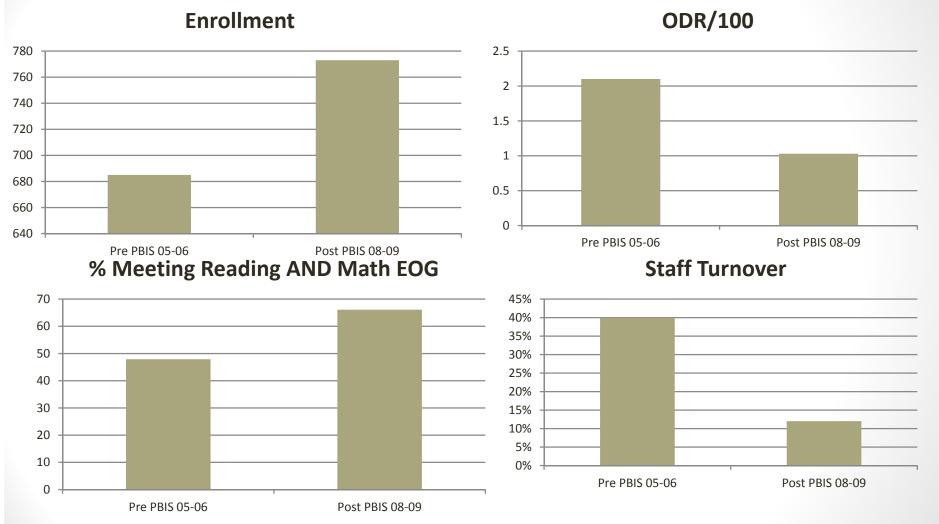
State PBS Coordinator Heather R Reynolds Dr. Bob Algozzine Dr. Bob Algozzine

## North Carolina Positive Behavior Support Initiative

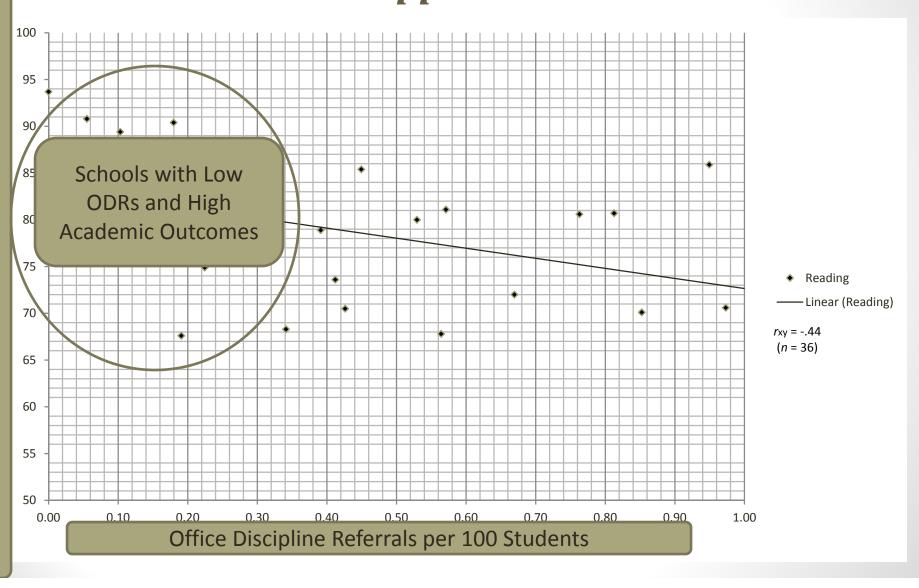
Non-PBS Comparison



### Cedar Creek Middle School Franklin County, North Carolina



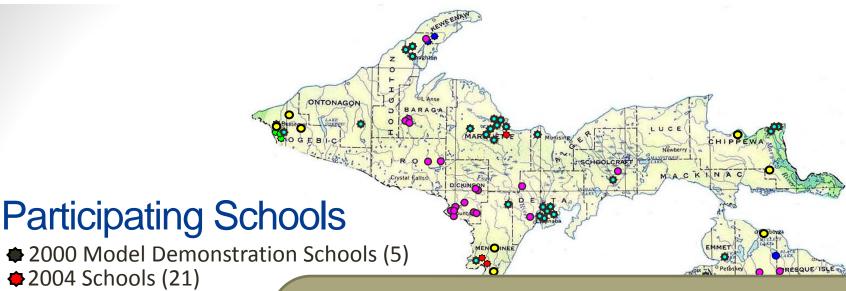
## North Carolina Positive Behavior Support Initiative





Steve Goodman sgoodman@oaisd.org www.cenmi.org/miblsi





◆ 2000 Model Demonstration Schools (5)

◆ 2004 Schools (21)

◆ 2005 Schools (31)

◆ 2006 Schools (50)

2007 Schools (165)

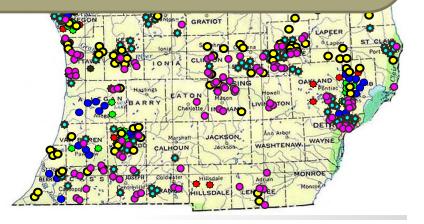
◆ 2008 Schools (95)

◆ 2009 Schools (150\*)

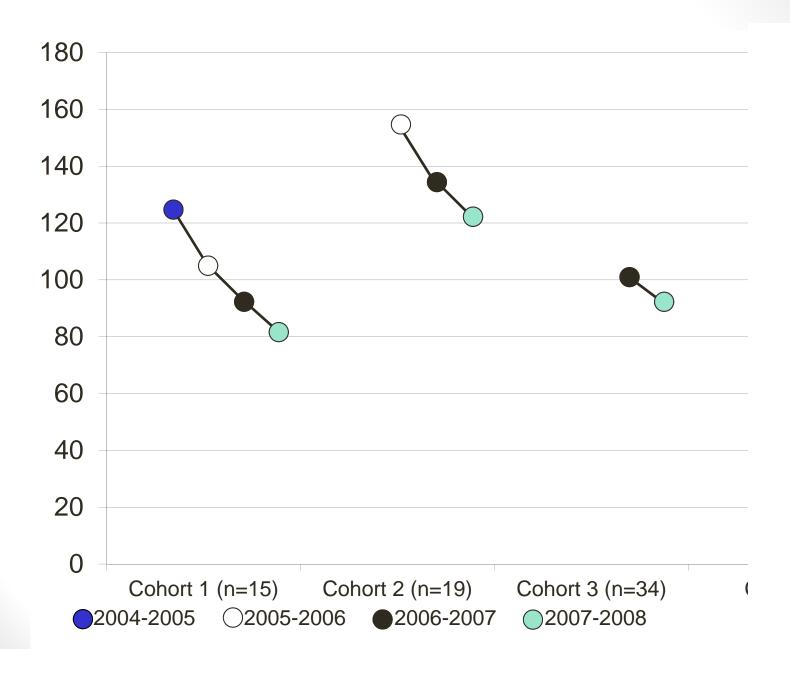
The strategies and organization for initial implementation need to change to meet the needs of larger scale implementation.

Total of 512 schools i collaboration with 45 of 57 ISDS (79%)

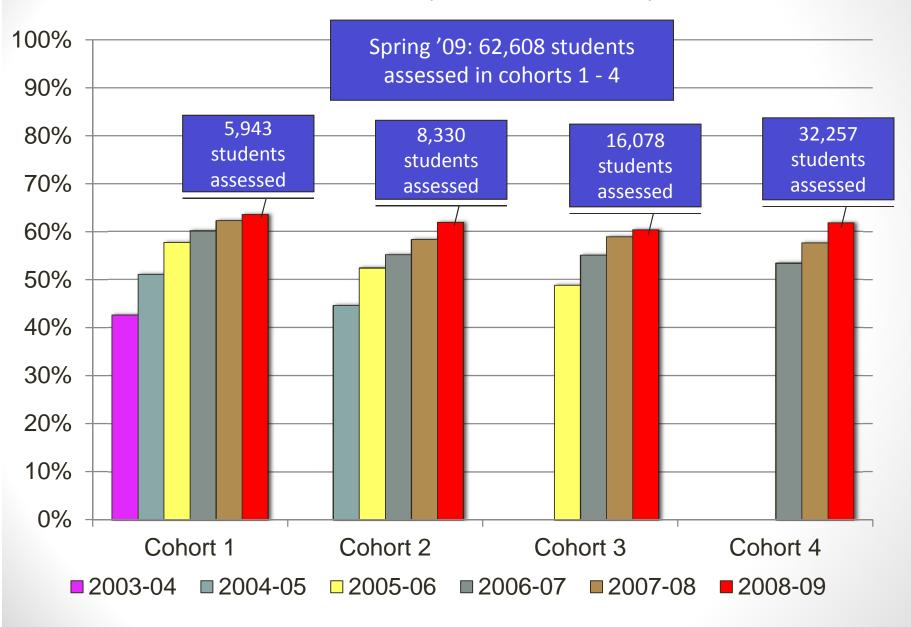




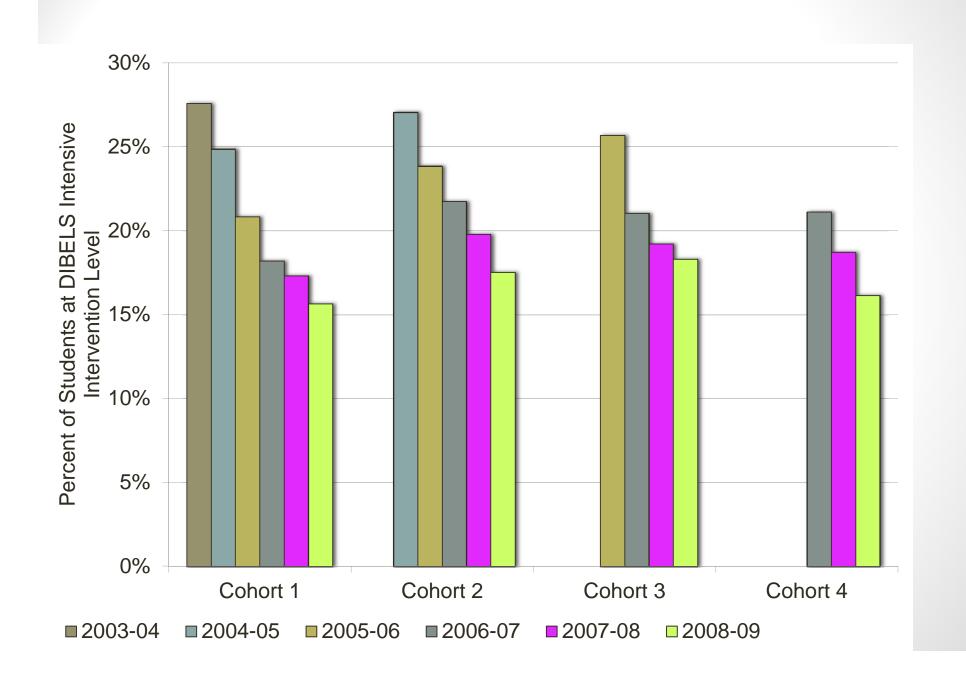
#### Average Major Discipline Referral per 100 Students by Cohort



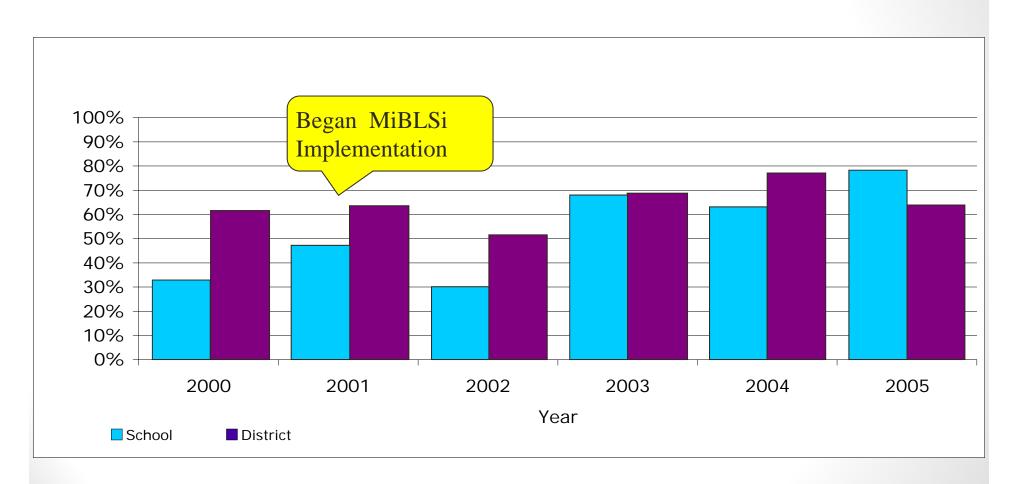
### Percent of Students meeting DIBELS Spring Benchmark for Cohorts 1 - 4 (Combined Grades)



#### Percent of Students at DIBELS Intensive Level across year by Cohort



### Participating School Example: Fourth Grade Reading MEAP Results





High
School
Student
writing
to her
grade
school
principal

I write to you today as a former Jackson Elementary school student who wishes to convey her fondest of gratitude toward a fantastic school. As I grow older and move from state to state, I never forget my roots and where my future began....

Though I had only attended Jackson for roughly four years during kindergarten, first, second, and third grade, I realize now that those years were just as important as any other and I am proud to say that I was once a Jaguar.

Without further ado, I would like to state that nine years later I still remember your kindness, your positivity, and most of all the three R's: Respect yourself, Respect others, and Respect property.

Those three lessons have stuck with me throughout the years, from age eight to seventeen, and have bettered me as a human being.

In essence, I simply dropped by to express my thanks, and to reassure the staff of Jackson Elementary that their hard work does not go to waste, and that even the simplest of actions or words can spur on a revolution.

Thank you very much for giving me the opportunity to live my life to its fullest.

Sincerely,

### Main Message

- Sustained and High Fidelity
   Implementation of SWPBIS requires
   active District Support.
  - Especially for Tiers II and III

\_\_\_\_\_\_

Student = unit of impact

Schools = unit of intervention

District = unit of implementation

