

Handout 1 Activity: Differentiating ED from SM

Discuss the following differentiating characteristics of ED and SM in small groups. For each of the characteristics that Clarizio (1987) suggested as differentiating ED from SM indicate whether you feel it (a) in fact reliably differentiates ED from SM, and (b) if you feel the differentiating characteristic represents an essential distinction.

<i>Characteristics</i>	<i>ED</i>	<i>SM</i>	<i>Agree it Differentiates</i>	<i>Essential Distinction</i>
1. Conscience Development	Self-critical; unable to have fun	Little remorse; pleasure seeking		
2. Reality Orientation	Fantasy; naive, gullible	Street-wise		
3. Adaptive Behavior	Consistently poor	More situationally dependent		
4. Domain	Affective disorder	Character disorder		
5. Aggression	Hurts self or others as an end	Hurts others as a means to an end		
6. Ego Strength	Easily hurt	Acts tough; survivor		
7. Anxiety	Tense; fearful	Appears relaxed; "cool"		
8. Peer Relations	Ignored or rejected	Accepted by sociocultural group		
9. Type of Friends	Law-abiding, younger, or no real friends	Bad companions, same age or older		
10. School Behavior	Seen as unable to comply; inconsistent achievement; good attendance record; appreciates help	Seen as unwilling to comply; generally low achievement; excessive absences; does not want help		
11. Locus of Control	Blames self	Blames others		
12. Cause	Psychological	Sociological		
13. Distrust	Wants to trust; feels insecure	Dumb to trust others		
14. Group Participation	Withdrawn; unhappy	Outgoing		
15. Management Needs	Emotional support; likes structure; decrease anxiety	Warmth; dislikes structure; need to increase anxiety		
16. Attitude Toward Authority	Overly compliant	Noncompliant; hostile		
17. Self-insight	Aware a problem exists	Denies problem		
18. Developmental Appropriateness	Inappropriate for age	Appropriate for age		
19. Activity Level	Hyperactive; hypoactive	Normal but acts out		
20. Stability of Affect	Variable; labile	Relatively stable; even		

Note. Adapted from Clarizio (1987)