

Conducting Psychological Tele-Assessment

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APA's Guidance Principles

Wright, Mihura, Pade, McCord (2020)

https://www.apaservices.org/practice/ reimbursement/healthcodes/testing/tele-assessment-covid-19

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Conducting Psychological Tele-Assessment Essentials of Psychological Tele-Assessment

Wright & Raiford (Wiley, 2020)

https://www.wiley.com/learn/psychology essentials/ Conducting Psychological Tele-Assessment 6. Maintain the same ethical standards of care as in traditional psych assessment.

You must be adequately trained and competent to do the work!

Competent at assessment

Competent at the technology

Competent at doing assessment using the technology

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6. Maintain the same ethical standards of care as in traditional psych assessment.

Determine client appropriateness

"High risk"

Age interaction with technology

Technology literacy and comfort

Conducting Psychological Tele-Assessment 6. Maintain the same ethical standards of care as in traditional psych assessment.

Determine client appropriateness

Access to necessary technology and environment

Accepting of the modality

Clinical and cognitive factors

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Conducting Psychological

Tele-Assessment

6. Maintain the same ethical standards Conducting Psychological of care as in traditional psych assessment. Tele-Assessment Do no harm The assessment must be valid Online privacy and security Knowingly inadequate services

6. Maintain the same ethical standards Conducting Psychological of care as in traditional psych assessment. Tele-Assessment Ensure consent is fully informed Limitations of the process Alternatives

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6. Maintain the same ethical standards Conducting Psychological of care as in traditional psych assessment. Tele-Assessment Test security and integrity Verify client identity Take steps to ensure clients do not have access to materials ahead of time Ensure no cheating

Conducting Psychological

1. Do not jeopardize test security.

security "Psychologists make reasonable efforts

Ethical Standard 9.11:

to maintain the integrity and security of test materials and other assessment techniques consistent with law and contractual obligations, and in a manner that permits adherence to this Ethics

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1. Do not jeopardize test security. Conducting Psychological Publishers providing online materials Tele-Assessment WISC-V Stimulus Book 1

1. Do not jeopardize test security. Conducting Psychological Publishers providing online materials Woodcock Tests of Achievement Stimulus Book-Form A Tests 1, 2, 4, 7, and 8 Riverside Insights

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Conducting Psychological

Tele-Assessment

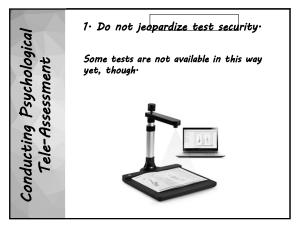
Publishers providing online materials

PAR, Inc.'s PARiConnect

J. Do not jeopardize test security.

MHS, WPS, etc.

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1. Do not jeopardize test security.

Find the safest ways possible to present materials.

1. Tell client/parent you are sending materials and NOT TO OPEN THEM.
2. Include a SELF-ADDRESSED, STAMPED ENVELOPE.
3. Write DO NOT OPEN on the envelope itself.
4. Instruct the client/parent/child to open the envelope JUST IN TIME.
5. Instruct them to put completed materials in the envelope and WATCH THEM SEAL IT.

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Documentation and reporting

Social justice

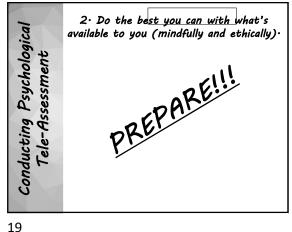
6. Maintain the same ethical standards of care as in traditional psych assessment.

Documentation and reporting

Tele-Assessment available to you (mindfully and ethically).

Solution of the best you can with what's available to you (mindfully and ethically).

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2. Do the best you can with what's Conducting Psychological available to you (mindfully and ethically). Tele-Assessment Preparation Check-List: Psychologist's Side Practice with the technology and tests yourself Know and understand the literature base Consider test and subtest substitutions

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4. Think critically about test and Conducting Psychological subtest substitutions. Tele-Assessment Some tasks cannot be accomplished, at all, in any way.

4. Think critically about test and Conducting Psychological subtest substitutions. Some tasks cannot be accomplished, at all, in any way. NO TEST IS PERFECT. NO TEST DIAGNOSES. YOU ARE THE PSYCHOLOGIST.

22 21

4. Think critically about test and Conducting Psychological subtest substitutions. Tele-Assessment Some tasks cannot be accomplished, at all, in any way. Some tasks can be accomplished, but with seriously compromised results. Rely on broader indices whenever possible.

2. Do the best you can with what's Conducting Psychological available to you (mindfully and ethically). Tele-Assessment Preparation Check-List: Psychologist's Side Practice with the technology and tests yourself Know and understand the literature base Consider test and subtest substitutions Approximate standardized administration

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gical	2· Do the be <mark>st you can with w</mark> hat's available to you (mindfully and ethically)·
ologint	Preparation Check-List: Psychologist's Side
^D sychological essment	Ensure your connectivity is consistent/reliable
9 P. Asse.	Prepare and test your eye gaze angle
ctin ele-t	Prepare a contingency plan for tech glitches
condu Te	
3	
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gical	2· Do the best you can with what's available to you (mindfully and ethically)·
olo	Preparation Check-List: Psychologist's Side
sychologica ssment	Develop a safety plan
ng Ps	Client's address/parents' whereabouts during session
uctir ele-	Client's/parents' phone number during session
Cond	Emergency resources near the client

jical	2· Do the best you can with what's available to you (mindfully and ethically)
ologent	Preparation Check-List: Psychologist's Side
Dsychologica essment	Prepare your own computer
\ \S	Clear browser history
ting le-fi	Close all possible programs (even background)
Conducting Tele-As	Turn off notifications
Co	If using remote control, set up a new profile

gical	2· Do the best you can with what's available to you (mindfully and ethically)·
olo	Preparation Check-List: Psychologist's Side
sychologica ssment	Set up your physical space
T 88	Quiet and relatively free from distractions
cting le-As	Remove distracting personal items/artwork
Conducti Tele-	Consider a virtual background, but be careful
3	Ensure you are well lit from the front

gical	2. Do the best you can with what's available to you (mindfully and ethically).
sychologica ssment	Preparation Check-List: Psychologist's Side
Psychol	Set up all testing materials
ng P. Asse.	Physical stimulus materials within reach
	Virtual stimulus materials open and minimized
Sonducti Tele-	Prepare backup/alternate tests to administer
3	

gical	2· Do the best you can with what's available to you (mindfully and ethically)·
olo	Preparation Check-List: Client's Side
Psychologica sessment	Discuss with client/parent exactly what to expect
~ W	Send materials to client
tin le-f	Response booklets and similar materials
Conducting Tele-As	Addressed, stamped return envelope
Col	Discuss the rules/parameters of the materials
1000	

gical	2· Do the best you can with what's vailable to you (mindfully and ethically)·
olo	Preparation Check-List: Client's Side
Psychologica essment	Instruct the client/parent on their physical space
J. 8	Relatively free from distraction
Conducting Tele-As	Comfortable and private
Tel	Times with fewer likely distractions
Cor	Use headphones
1/2-1	

gical	2· Do the best <u>you can with</u> what's available to you (mindfully and ethically)·
nolo	Preparation Check-List: Client's Side
Psychologica sessment	Instruct the client/parent that there should be no recording of sessions
Conducting Tele-Ass	Communicate clearly to client/parent what will happen if technology fails

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gical	2· Do the best you can with what's available to you (mindfully and ethically)
ent	Preparation Check-List: Client's Side
Sychologica essment	Have clients prepare their technology for optimal use
ng F Asse	Ensure adequately sized monitor
ucti	Close all other programs, even background
condu Te	Turn off all notifications
9	

jical	2· Do the best you can with what's available to you (mindfully and ethically)
olog	Preparation Check-List: Client's Side
sychologica ssment	Have clients prepare necessary materials
Se D	Testing materials (response booklets, pencils without erasers, etc.)
Conducting Tele-As	Water nearby
Inde	Snack nearby, if appropriate
3	

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gical	2. Do the best you can with what's available to you (mindfully and ethically).
olo	Preparation Check-List: Client's Side
sychologica ssment	If parent/guardian/proctor is being used in session:
T 8	Coach on what they should/should not do
ting e-A	Instruct where they should be seated
Conducting Tele-As	What kinds of interactions are ok/not ok
con	Warn them it may be tempting to intervene
	Let them know their exact tasks

2. Do the best you can with what's available to you (mindfully and ethically).

During sessions

Verify the identity of the client

Continuously monitor the client's environment

Be explicit and specific about how the client should use test materials

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2. Do the best you can with what's available to you (mindfully and ethically).

During sessions

Shorten sessions

Monitor fatigue

Be ready to abort sessions, if needed

2. Do the best you can with what's available to you (mindfully and ethically).

During sessions

Be ready to contact tech support during sessions

Test the limits and follow up on responses liberally

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Conducting Psychological
Tele-Assessment
Assessment
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3. Be rigorously mindful of data quality.

Technological effects.

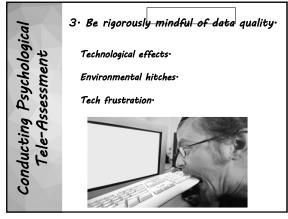
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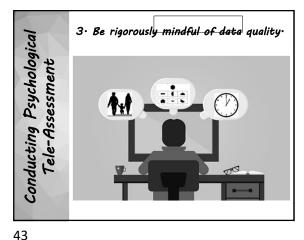
Tele-Hosessment

Technological effects.

Environmental hitches.

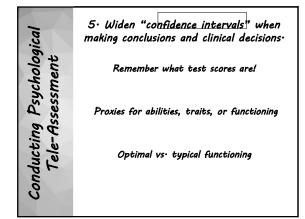


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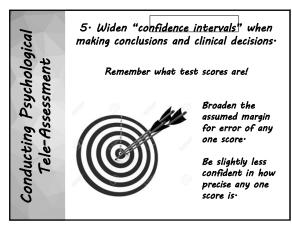
3. Be rigorously mindful of data quality. Conducting Psychological Use your best psychological and clinical judgment. Re-watch sessions! Don't use bad data!

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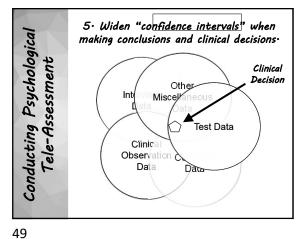
5. Widen "confidence intervals" when Conducting Psychological making conclusions and clinical decisions. Tele-Assessment Remember what test scores are! They were never this: They are usually this. Tele-assessment.

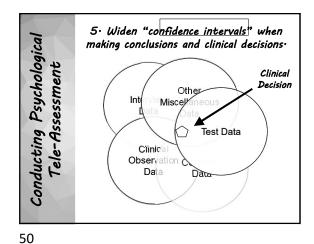
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5. Widen "confidence intervals" when Conducting Psychological making conclusions and clinical decisions. Tele-Assessment Remember what test scores are! Remember what assessment is!

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5. Widen "confidence intervals" when Conducting Psychological making conclusions and clinical decisions. Tele-Assessment Remember what test scores are! Remember what assessment is! Bad data is worse than no data... but good data is better than no data. And stopping entirely may not be a good option.



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