Conducting Psychological Tele- Assessment	
A. Jordan Wright, Ph.D., ABAP	

Conducting Psychological Tele-Assessment

APA's Guidance Principles

Wright, Mihura, Pade, McCord (2020)

https://www.apaservices.org/practice/ reimbursement/healthcodes/testing/tele-assessment-covid-19

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Conducting Psychological Tele-Assessment

Essentials of Psychological
Tele-Assessment

Wright & Raiford (Wiley, 2020)

https://www.wiley.com/learn/psychology essentials/

Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

You must be adequately trained and competent to do the work!

Competent at assessment

Competent at the technology

Competent at doing assessment using the technology

4

Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

Determine client appropriateness

"High risk"

Age interaction with technology

Technology literacy and comfort

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Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

Determine client appropriateness

Access to necessary technology and environment

Accepting of the modality

Clinical and cognitive factors

Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

Do no harm

The assessment must be valid
Online privacy and security
Knowingly inadequate services

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Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

Ensure consent is <u>fully</u> informed

Limitations of the process

Alternatives

8

Conducting Psychological Tele-Assessment

6. Maintain the same ethical standards of care as in traditional psych assessment.

Test security and integrity

Verify client identity

Take steps to ensure clients do not have access to materials ahead of time

Ensure no cheating

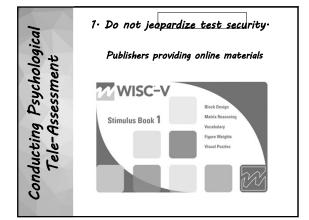
Conducting Psychological Tele-Assessment

1. Do not jeopardize test security.

Ethical Standard 9·11: security

"Psychologists make reasonable efforts to maintain the integrity and security of test materials and other assessment techniques consistent with law and contractual obligations, and in a manner that permits adherence to this Ethics Code."

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al	1. Do not jeo <u>pardize test secu</u> rity.
ologic	Publishers providing online materials
Psychologica ssessment	Woodcock Johnson IV
T SS	Woodcook: Johnson* IV Tests of Achievement
ting e-A	Fredrick A Schronk - Nancy Mather - Kein S. McGrew Stimu lus Book—Form A Tests 1, 2, 4, 7, and 8
Conducting Tele-A:	
Son	
	☆ Riverside Insights

J. Do not jeopardize test security.

Publishers providing online materials

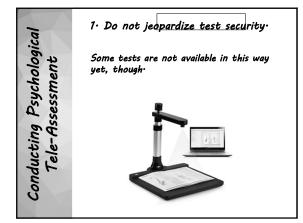
PAR, Inc.'s PARiConnect

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J. Do not jeopardize test security.

MHS, WPS, etc.

14



Je Je	1. Do not jeopardize test security.
ologicant	Find the saf <u>est</u> ways possible to present materials•
Conducting Psychologica Tele-Assessment	1. Tell client/parent you are sending materials and NOT TO OPEN THEM. 2. Include a SELF-ADDRESSED, STAMPED ENVELOPE. 3. Write DO NOT OPEN on the envelope itself. 4. Instruct the client/parent/child to open the envelope JUST IN TIME. 5. Instruct them to put completed materials in the envelope and WATCH THEM SEAL IT.

Jeff-Hassessment. Documentation and reporting Social justice 6. Maintain the same ethical standards of care as in traditional psych assessment. Social justice

gical	2· Do the be <u>st you can with</u> what's available to you (mindfully and ethically)·
ng Psychological Assessment	21/CE!!!
/ C	PRACTICE
Conducting Tele-As	<i>y</i>

Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). PREPARE!!!	
19		
Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). Preparation Check-List: Psychologist's Side Practice with the technology and tests yourself Know and understand the literature base Consider test and subtest substitutions	
20		
		1
iical	4· Think cri <u>tically about test</u> and subtest substitutions·	
ycholog	Some tasks cannot be accomplished, at all, in any way:	
nducting Ps Tele-Asses:		
Col		
	Conducting Psychological Tele-Assessment	available to you (mindfully and ethically). 2. Do the best you can with what's available to you (mindfully and ethically). Preparation Check-List: Psychologist's Side Practice with the technology and tests yourself Know and understand the literature base Consider test and subtest substitutions 4. Think critically about test and subtest substitutions.

		<u> </u>
al	4· Think crit <u>ically about test</u> and subtest substitutions·	
Conducting Psychological Tele-Assessment	Some tasks cannot be accomplished, at	
ycho	all, in any way	
g Ps	NO TEST IS PERFECT	
ictin ele-t	NO TEST DIAGNOSES.	
ondu	YOU ARE THE PSYCHOLOGIST.	
0		
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sal	4· Think critically about test and subtest substitutions	
ologie	Some tasks cannot be accomplished, at	
ychossme	all, in any way·	
Conducting Psychological Tele-Assessment	Some tasks can be accomplished, but with seriously compromised results:	
uctin ele-	Rely on broader indices whenever possible:	
ond.	,	
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10	2. Do the best you can with what's	
ogica	available to you (mindfully and ethically)	
chol	Preparation Check-List: Psychologist's Side Practice with the technology and tests yourself	
Psy	Know and understand the literature base	
ting e-As	Consider test and subtest substitutions	
Conducting Psychologic Tele-Assessment	Approximate standardized administration	
00		

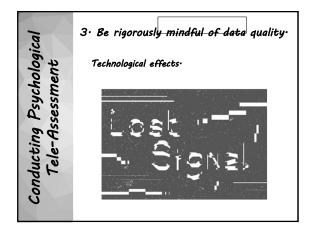
al	2· Do the best you can with what's available to you (mindfully and ethically)·	
Conducting Psychological Tele-Assessment		
holinen	Preparation Check-List: Psychologist's Side	
syc essr	Ensure your connectivity is consistent/reliable	
9 P	Prepare and test your eye gaze angle	
ctii	Prepare a contingency plan for tech glitches	
ndu T		
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	2. Do the best you can with what's	
ical	available to you (mindfully and ethically).	
olog	Preparation Check-List: Psychologist's Side	
ych	Develop a safety plan	
Conducting Psychological Tele-Assessment	Client's address/parents' whereabouts during session	
ting e-A	Client's/parents' phone number during session	
duc	Client s/parents profile fruitiber during session	
Con	Emergency resources near the client	
26		
		1
cal	2. Do the best you can with what's available to you (mindfully and ethically).	
logi	Preparation Check-List: Psychologist's Side	
cho	Prepare your own computer	
Psy	Clear browser history	
ing-As	,	
Conducting Psychologi Tele-Assessment	Close all possible programs (even background)	
ond	Turn off notifications	
0	If using remote control, set up a new profile	

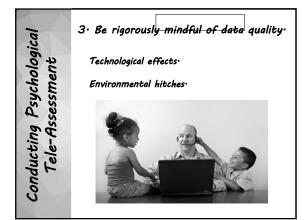
al	2. Do the best you can with what's available to you (mindfully and ethically).	
ogic		
Conducting Psychological Tele-Assessment	Preparation Check-List: Psychologist's Side	
Psyl	Set up your physical space	-
ng Ass	Quiet and relatively free from distractions	-
ucti	Remove distracting personal items/artwork	
puc	Consider a virtual background, but be careful	
Ü	Ensure you are well lit from the front	
28	-	
1e	2. Do the best you can with what's	
2gica E	available to you (mindfully and ethically).	
hole	Preparation Check-List: Psychologist's Side	
syc	Set up all testing materials	
79 F Assa	Physical stimulus materials within reach	
ctir ele-	Virtual stimulus materials open and minimized	
Conducting Psychological Tele-Assessment	Prepare backup/alternate tests to administer	
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1	2. Do the best you can with what's	
gica	available to you (mindfully and ethically).	
holo	Preparation Check-List: Client's Side	-
ssm	Discuss with client/parent exactly what to expect	-
19 F Asse	Send materials to client	
Conducting Psychologi Tele-Assessment	Response booklets and similar materials	
ndu	Addressed, stamped return envelope	
0	Discuss the rules/parameters of the materials	

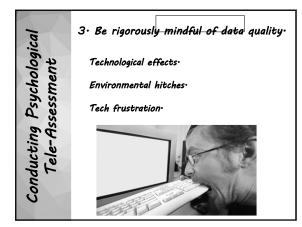
Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). Preparation Check-List: Client's Side Instruct the client/parent on their physical space Relatively free from distraction Comfortable and private Times with fewer likely distractions Use headphones	
31		
1	2. Do the best you can with what's]
Conducting Psychological Tele-Assessment	available to you (mindfully and ethically)	
holo	Preparation Check-List: Client's Side	
Psyc	Instruct the client/parent that there should be <u>no</u> recording of sessions	
ing	Communicate clearly to client/parent what will happen if technology fails	
duct		
Con		
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JZ		
		1
cal	2. Do the best you can with what's available to you (mindfully and ethically).	
ologi	Preparation Check-List: Client's Side	
ychessme	Have clients prepare their technology for optimal use	
g Ps	Ensure adequately sized monitor	
Conducting Psycholog Tele-Assessment	Close all other programs, even background	
onde	Turn off all notifications	
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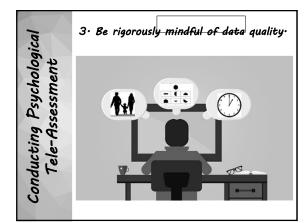
Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). Preparation Check-List: Client's Side Have clients prepare necessary materials Testing materials (response booklets, pencils without erasers, etc.) Water nearby Snack nearby, if appropriate	
34		
J -1		
		1
a	2. Do the best you can with what's available to you (mindfully and ethically).	
ogic ,		
hole	Preparation Check-List: Client's Side	
sych	If parent/guardian/proctor is being used in session:	
Conducting Psychological Tele-Assessment	Coach on what they should/should not do	
ing.	Instruct where they should be seated	
fuct	What kinds of interactions are ok/not ok	
ouo	Warn them it may be tempting to intervene	
0	Let them know their exact tasks	
35		
<i></i>		
cal	2. Do the best you can with what's available to you (mindfully and ethically).	
hol	<u>During sessions</u>	
Conducting Psychologi Tele-Assessment	Verify the identity of the client	
ing -Ass	Continuously monitor the client's environment	
uct rele	6	
puo	Be explicit and specific about how the client should use test materials	
Ü		

Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). During sessions Shorten sessions Monitor fatigue Be ready to abort sessions, if needed	
Conducting Psychological Tele-Assessment	2. Do the best you can with what's available to you (mindfully and ethically). During sessions Be ready to contact tech support during sessions Test the limits and follow up on responses liberally	
Conducting Psychological Tele-Assessment	3· Be rigorously mindful of data quality· YOU ARE THE PSYCHOLOGIST·	





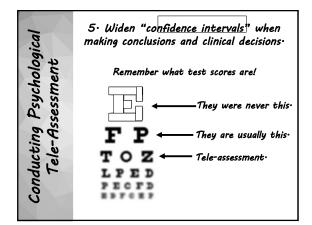


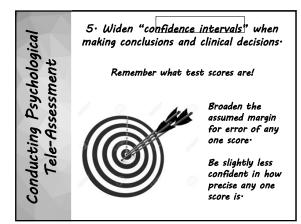


Jon't use bad data! 3. Be rigorously mindful of data quality. When the sessions of the session of

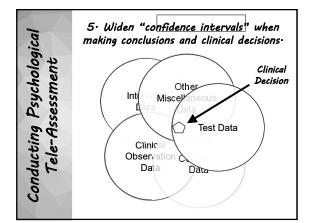
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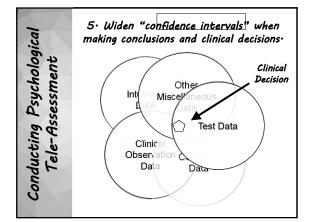
Jele-Hssessmaking conclusions and clinical decisions. Remember what test scores are! Proxies for abilities, traits, or functioning Optimal vs. typical functioning





Jele-Hssessment is! S. Widen "confidence intervals" when making conclusions and clinical decisions. Remember what test scores are! Remember what assessment is!





jical	5. Widen "confidence intervals" when making conclusions and clinical decisions
rologient	Remember what test scores are!
Psycholo ssessment	Remember what assessment is!
ng F Asse	Bad data is worse than no data
uctii ele-	but good data is better than no data·
Conducting Psychological Tele-Assessment	And stopping entirely may not be a good option:

