



OHIO DEPARTMENT OF MENTAL HEALTH
Office of Children's Services and Prevention



ODMH Kids News:
Building Ohio's Future

Monthly E-Newsletter

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**SMART & SOBER
CELEBRATION!**

Helping Children Stay Alcohol Free

Think. Laugh. Live.

The **2004 Smart & Sober Celebration** sponsored by The Leadership to Keep Children Alcohol Free and First Lady Hope Taft will be held on October 6, 2004. The Ohio Department of Mental Health (ODMH) is one of many state agencies and local businesses who will be participating in this event.

- When:** October 6, 2004
Where: Jerome Schottenstein Center
 The Ohio State University
 555 Borror Drive, Columbus 43210
Time: 9:30 AM – 1:30 PM
Target: Middle School Students (5– 9 Grade)
Cost: **FREE** (Bring your own lunch – soft drinks will be provided.)



Without sharing too much of the events of the day, there will be game shows, climbing walls, inflatables, skits, improv comedy, singers, dancers, bands, and much more - was that too much? Visit www.smartandsober.org/celebrate for additional information.

The improv comedy piece teaches young people to think on their feet. It is not an end-all prevention means, but it is another tool to help young people think spontaneously when confronted in a difficult situation.

Volunteers needed! We need your help to make sure all who attend have a safe and enjoyable time. Therefore, the **2004 Smart & Sober Celebration** team is extending an invitation to high school and college students who may be interested in volunteering, as well as, other child caring groups. We are expecting about 8,000 youth and we need **300 volunteers**. Areas where you are needed – Registration, Entertainment, Inside Activities, and Outside Activities.

There will be two (2) Volunteer Training opportunities on Monday, October 4, 2004 – 9:00 a.m. to 10:30 a.m. and 4:00 p.m. to 5:30 p.m. at Jerome Schottenstein Center, The Ohio State University, Columbus.

If you are interested in volunteering, please contact Tony Coder in the First Lady's Office, at 614-995-2000 or by email at Tony.Coder@gov.state.oh.us.

Submitted by: *Deborah Hatch*
 ODMH Rep/Committee Member
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Ohio's Shared Agenda Initiative aligns with Access to Better Care (ABC)

"Schools, families, child-serving agencies, and the broader community will work collaboratively to promote opportunities for and to address barriers to healthy social and emotional development and learning. The project's aims are to ensure that: all children and youth have an equal opportunity to develop to their fullest cognitive, social and emotional capacities; and the needs of those who experience psychosocial problems and emotional and behavioral disabilities are effectively addressed.

Schools, families, child-serving agencies and the broader community will be continually involved in shaping policies, practices and strategies to develop comprehensive, multifaceted, and cohesive approaches that encompass systems of 1) Positive development of children, youth, families and communities, and prevention of problems; 2) Early identification – interventions for children and youth at risk or shortly after the onset of problems; and 3) Intensive interventions.

Such approaches will be integrated and will not only meet the needs of children and youth but will also help strengthen (Ohio's) families, schools and neighborhoods."

__ *Vision for a Shared Agenda* __

As the Shared Agenda for Families, Mental Health and Education launches the "Guiding Principles, Goals and Objectives" booklet, published by the Ohio Department of Mental Health and the Ohio Department of Education, we recognize the Shared Agenda's strategic alignment with ABC. Both the Shared Agenda and the ABC recommendations directly reflect the emphasis on systems collaborating in partnership with families for early identification, early intervention and continued supports for children and youth to succeed at home, schools, in their communities.

The leadership of mental health, education and family serving organizations are engaging with state and local partners to generate a commitment to addressing non-cognitive barriers to learning to support successful academic

achievement for all children and youth. Beginning in November 2003, a cross-disciplinary ad hoc stakeholder group came together to move forward with the recommendations from the Phase I-III Shared Agenda state, regional and legislative forums and develop actions steps toward implementation. In August 2004 the Shared Agenda Guiding Principles, Goals and Objectives ("GO Document") was published and is being launched to coincide with the four workgroups currently coordinating ABC recommendations and implementation steps for the FY 2006-2007 biennial budget.

The Guiding Principles for the Shared Agenda are straightforward: 1) Mental health is crucial to school success and 2) There are shared opportunities for mental health, schools and families to work together more effectively.

The text of the Shared Agenda "GO Document" will be printed in the October 2004 Mental Health NETWORK NEWS. It will soon be posted on the websites for the Miami University Center for School Mental Health Assistance, the OSU Center for Learning Excellence and ODMH. Copies may be requested through the Office of Children's Services & Prevention, 614-466-1984.

Submitted by: Kay Rietz

CONFERENCES/WORKSHOPS/TRAININGS

Applewood Centers, Inc., Workshops for Mental Health Professionals - 2525 E. 22nd Street, Cleveland, OH 44115 for additional information call 216-696-6823.

HELPING THE NONCOMPLIANT CHILD an evidence-based practice. Friday, **September 24, 2004** (6.0 CEUs) 9:00 a.m. – 4:30 p.m.

ART THERAPY & WORKING WITH TRAUMA - Friday, **October 1, 2004** (CEUs 6.0) 9:00 a.m. – 4:30 p.m.

TAMING DRAGONS: PLAY THERAPY FOR ANGER MANAGEMENT – Friday, **October 8, 2004** (CEUs 6.0) 9:00 a.m. – 4:30 p.m.

DIAGNOSTIC ASSESSMENT & TREATMENT PLANNING – Thursday, **October 14, 2004** (CEUs 6.0) 9:00 a.m. – 4:30 p.m.

PROFESSIONAL CONDUCT & ETHICS – Friday, **October 29, 2004** (CEUs 3.0) 9:00 a.m. – 12:15 p.m.

REDUCING DISCRIMINATION AND STIGMA A FOCUS AT ALTERNATIVES: Conference registration space is running out quickly, and it is important to act **now** if you would like to attend Alternatives 2004 -- the national mental health conference organized by and for mental health consumers and survivors. To register, contact Horizon Meetings at (800) 776-1286 or visit <http://www.mhselfhelp.org/alt2004.html>.

Alternatives 2004 will be held from October 13 - 17, 2004, at the Denver Marriott City Center in Denver, Colorado. In its 19-year history, the Alternatives conference has received national recognition for its role in promoting the use of recovery principles in mental health systems and in supporting the self-determination of consumers. This year, the conference will focus on these themes, as well as diversity issues, consumer-delivered services, and community integration.

HELPING KIDS WHO SELF-MUTILATE, presented by: James Pretzer, Ph.D. - **NOVEMBER 8, 2004** from 9:00 A.M. to 4:00 P.M. The cost is \$35.00 and will be held at the Morrill Room, located in the basement of the Marion County Building - 222 W. CENTER ST., Marion, OH. This training is designed to provide an understanding of why children and youth self-mutilate, treatment planning for such youth and appropriate intervention strategies. We have made application for CEU's for social work and counseling (6 hours) for the training.

Submitted by: Deborah Hatch

WEB SITES OF INTEREST

The **Journal of the American Medical Association (JAMA)** Fluoxetine, Cognitive-Behavioral Therapy, and Their Combination for Adolescents with Depression. <http://jama.ama-assn.org/cgi/content/abstract/292/7/807>

Blueprints Interactive Search Results (a useful tool in looking at a number of EBPs). The demand for effective violence and crime prevention programs has never been greater. The Center for the Study and Prevention of Violence has developed Blueprints for exemplary violence prevention programs. <http://ibs.colorado.edu/cspv/blueprintsquery/>

Submitted by: Deborah Hatch

To subscribe to ODMH Kids News: Building Ohio's Future Newsletter contact Deborah Hatch, Editor at (614) 466-1323 or by email at hatchd@mh.state.oh.us.