

2010 Registration

OSPA Fall Conference: November 4 & 5, 2010

Name _____ Email _____ Day phone _____

Address _____ Eve Phone _____

Please circle rate to be paid:

Pre-Registration

Forms received by Oct 15

Both Days One Day

Standard Rate

Forms received AFTER Oct 15

Both Days One Day

OSPA Member	\$180	\$115	\$200	\$130
Student and Intern	\$105	\$100	\$115	\$105
Non-Member	\$210	\$140	\$230	\$160

NO REFUNDS AFTER OCTOBER 15

Ethics Workshop (Thursday Evening)

Member @ \$50 – After 10/15: \$60 Non-Member @ \$65 – After 10/15: \$75

Books for Sale:

Assessment of Autism Spectrum Disorders @ \$40.00 Qty requested _____ Total Cost _____
Books must be preordered by October 15th.

Special Needs/Considerations:

Vegetarian lunch requested on Thursday

Vegetarian lunch requested on Friday

Considerations: _____

Payment Methods:

Deadline for conference refund is **October 15, 2010**. Make checks payable to **OSPA**

Check or Money Order Registration:

Purchase Order (must be enclosed)

Total Amount Enclosed \$ _____

Credit Card

Credit Card _____ VISA or _____ MasterCard

Name of cardholder: _____

Address of cardholder: _____

Card Number: _____ 3-Digit Code _____

Expiration Date: _____

Signature _____

Amount to be charged on card: \$ _____

- Please make check payable to **OSPA** and mail with this registration form to w/purchase orders to:
Ohio School Psychologists Association
104 Mill Street, Suite F
Gahanna, Ohio 43230
- Purchase order **MUST** accompany registration. Lunch cannot be guaranteed for "At the Door registrations."
- Credit card information must be completed. You may call the OSPA office to provide this information.
Phone: (614) 414-5980
Fax: (614) 414-5982
Email: ospa1997@aol.com

Notes:

MCEs and Certificates of Attendance available

For more information see the website at www.ospaonline.org

2010 OSPA Fall Conference



Program Schedule

Wednesday, November 3

4:30-7:00 Executive Board Meeting

Thursday, November 4

7:30-9:00 Registration, Coffee*

8:15-9:00 Legislative Update/ODE

9:15-12:00 Robert Brooks Presentation
(Ballroom B to E)

12:15-1:15 Luncheon (included)
Ohio School Psychologist
Of the Year Award

1:30-4:30 Robert Brooks
Presentation

4:45-5:30 OSPA Wine and Cheese Social
(Ballroom)

5:30-6:00 Committee Meetings

6:00-9:00 Ethics Workshop
Dinner on your own
Hospitality

(See registration desk for details)

Friday, November 5

7:15-8:15 Registration, Coffee*

8:00-11:00 Sam Goldstein Presentation
(Ballroom B to E)

11:15-12:30 Luncheon (included)

12:45-3:45 Sam Goldstein Presentation
(Ballroom B to E)

*As a cost cutting measure, OSPA will only be providing coffee and soft drinks at breaks.

Ohio School Psychologists Association
104 Mill Street, Suite F
Gahanna, Ohio 43230

**Thursday, November 4th
9:15 to 12:00 and 1:30 to 4:30
Robert Brooks, Ph.D.**

The Power of Mindsets: Nurturing Motivation, Learning, and Resilience in Angry, Resistant Students

In this workshop Dr. Brooks will outline a strength-based approach for working with angry, resistant students. He will describe the mindset of educators and other professionals who are effective with these students as well as the mindset of resilient children and adolescents. He will outline specific strategies for reinforcing a resilient mindset in at-risk students, including such qualities as motivation, self-discipline, responsibility, compassion, and hope. In addition, he will describe exercises that school psychologists can help to implement to nurture a positive mindset in staff. Many case examples will be offered.

Learning (course) objectives:

- ✓ To learn the characteristics of the mindset of educators and other professionals who work effectively with angry, resistant students;
- ✓ To learn exercises to enhance empathy and respond more effectively to these students;
- ✓ To learn the characteristics of the mindset of resilient children and adolescents together with strategies for reinforcing this mindset in angry, resistant youngsters; and
- ✓ To learn the importance of a strength-based model in which each youngster's "islands of competence" are identified and reinforced.

**Friday, November 5th 8:00 to 11:00
Sam Goldstein, Ph.D.**

The Changing Face of Autism: New Data, New Ideas and the ASRS

In this presentation Dr. Goldstein, co-author of the Autism Spectrum Rating Scales (ASRS), will provide an overview of historical and current definitions of Autism Spectrum Disorders, discuss the core social learning problems that comprise these conditions, review symptom presentation at different ages as well as the current diagnostic protocol. The presentation will include a discussion of data from the largest epidemiological/standardization sample completed thus far comparing children with Autism

Spectrum Disorders to those with other developmental problems and to a large normative sample. These data as well as data from other research sources demonstrate a changing pattern of core symptoms in Autism Spectrum Disorders. Current information will be provided concerning the most widely used and well developed instruments to diagnose Autism and Aspergers Disorders and to complete a thorough assessment of typically occurring comorbid problems. Emphasis will be placed on the ASRS, the first nationally standardized, norm-referenced instrument designed to identify symptoms, behaviors, and associated features of Autism Spectrum Disorders in individuals age 2 through 18. The presentation will conclude with a brief review of current treatment modalities and future challenges.

**Friday November 5, 12:45 to 3:45
Sam Goldstein, Ph.D.**

Risk, Resilience and ADHD

It has increasingly become apparent to educators, researchers and clinicians alike that symptom relief for ADHD does not necessarily nor significantly transfer to improving long-term outcome in the areas of school, vocation, relationships, mental health and general community issues. By far the bulk of ADHD related research has been focused on the benefits of symptom relief over a short term period. Very few studies follow children for six months to a year, let alone ten years. As more and more data assessing long-term outcome is being generated, it has become apparent that the treatment protocol for ADHD needs to provide a balanced focus between interventions that improve immediate symptoms and functioning with those that facilitate generalization and adequacy of functioning through adolescence to transition into the adult years. In this presentation, Dr. Goldstein will provide an overview of current research in two major domains. First, research concerning the effectiveness of treatments for ADHD, on both a symptom relief and long-term outcome basis will be presented. Second, a review of the resilience literature focusing on a variety of environmental, biological and experiential variables that appear to improve adult outcome in youth with histories of neurodevelopmental weaknesses will be offered. Dr. Goldstein will provide suggestions for a new treatment protocol for ADHD, focusing on a balance between symptom relief and improving long-term outcome in school, home and community.

Session Objectives:

Participants will:

- ✓ understand current theories about treatments for ADHD and their impact upon symptom relief;
- ✓ understand the longitudinal research in regards to outcome variables for ADHD;
- ✓ understand general environmental and developmental variables that predict good life outcome for all children as well as those with neurodevelopmental weaknesses;
- ✓ be provided with an overview of a new treatment protocol for ADHD; and
- ✓ be provided with specific strategies to begin implementing this treatment protocol in their clinical practices and educational settings.

About The Presenters:

Robert Brooks, Ph.D.

Robert Brooks, Ph.D., has lectured nationally and internationally and written extensively about working with angry, at-risk youth from a strength-based approach that focuses on the development of self-dignity, motivation, hope, and resilience. Among his books, he is the author of *The Self-Esteem Teacher*, and co-author of *Raising Resilient Children*; *The Power of Resilience: Achieving Balance, Confidence, and Personal Strength in Your Life*; *Raising a Self-Disciplined Child*; *Understanding and Managing Children's Classroom Behavior: Creating Sustainable, Resilient Classrooms*. Dr. Brooks is on the faculty of Harvard Medical School and is the former Director of the Department of Psychology at McLean Hospital.

Sam Goldstein, Ph.D.

Sam Goldstein, Ph.D., is an Assistant Clinical Instructor at the University of Utah School of Medicine, Affiliate Research Professor at George Mason University and on staff at the University Neuropsychiatric Institute. He is Clinical Director of the Neurology Learning and Behavior Center. He currently serves as Editor in Chief of the *Journal of Attention Disorders* and sits on the editorial boards of six peer reviewed journals. His recent books include: *Some Kids Just Can't Sit Still* (Specialty Press, 2009), *Assessment of Autism Spectrum Disorders* (Guilford, 2008), with Robert Brooks *Raising A Self-Disciplined Child* (McGraw-Hill, 2007) and *Understanding and Managing Children's Classroom Behavior: Creating Sustainable, Resilient Classrooms* (Wiley, 2007) and with Nancy Mather, *Learning Disabilities and Challenging Behaviors* (Brookes,

2008). Currently, he is co-editing the *Encyclopedia of Child Development* (Springer Publishers) and is developing five new assessment measures evaluating autism, impairment, executive functioning, resilience and learning disabilities. The *Autism Spectrum Rating Scales (MHS)* was just recently published in November 2009.

Hotel

The Columbus Renaissance Hotel
50 North Third St.
Columbus OH 43215
(614) 228-5050

The OSPA room price is \$141.00 for king or double until October 15th. Double rooms (two beds) sell out quickly.

Valet parking and day of event parking is \$12.00 per day.

Please call The Columbus Renaissance Hotel (614) 228-5050 to make your reservations.

Directions:

From the North:

Take 71 S to 670 W, exit on Third St. and hotel is 4 blocks south.

From the South:

Take 71 N, exit on Broad St., turn left, go to Fourth St., turn right, go to Gay St., turn left and hotel is one block west with parking on Third St.

From 70W:

Exit on Fourth St., proceed to Gay St., turn left and hotel is one block west with parking on Third St.